

Scottish Track & Field Championships, Glasgow

Fife AC's Andrew Lemoncello provided a golden lining to the storm clouds which erupted over Scotstoun Stadium, Glasgow, at the Scottish Track and Field Championships. The 20-year-old took the 3000m steeplechase senior title for the second time having won the title two years ago as an under 20 junior. Lemoncello was in command throughout as he quickly pulled away over the rain-soaked track from runner-up Matt Graham (Shettleston) and third-placed Matt Bell (City of Edinburgh). A final time of 9 minutes 22 seconds was disappointing but understandable given the conditions - well clear of Graham's 9.32.82. Andrew now has the distinction of holding track, country and hill national titles - a truly remarkable achievement.

Ellen Leggate took bronze in the women's 1500m final clocking 4 minutes 26.65 seconds behind winner Kathy Butler (Windsor Slough and Eton) who booked her spot at the forthcoming Commonwealth Games with 4 minutes 18.42 seconds.

Bronze also went to the under 17 4 x 100m relay team of Ryan Jex, Jude Beimers, Kenneth Mowbray and Chris Baily who clocked a final time of 46.10 seconds having won their heat in 46.46 seconds.

Fife Schools Multi-Events Championships, Pitreavie

Glenrothes member Chris Baily was a clear winner of the Fife Schools Multi-Event Championship at Pitreavie representing Glenwood High School. Chris totalled a fine 3062 points to win the senior boys' title, over 100 points clear of the opposition.

Isle of Skye Half Marathon

Kirkcaldy's Bryce Aitken placed fourth out of 283 runners at the Isle of Skye Half Marathon (13.8 miles) in 84 minutes 42 seconds. Burntisland runner Andy Barker was next home in 95 minutes 32 seconds, followed by - 127 David Shepherd, 1.51.59; 162 Sandra Aitken, 1.56.22; 218 Bob Mustard, 2.08.56.

Yetholm Hill Race

Tom Scott was first home for the club at the Yethom Festival eight mile hill race in sixth, first over 50 timed at 78 minutes 32 seconds. The eight mile (2400ft) course straggled the English border although the heavy rain somewhat dampened the usual magnificent views. With Ian Overton 8th, Alan Meiklejohn 16th and Dave Francis 18th Fife finished first equal team with local club Norham. Jocelyn Scott excelled to place third woman, first female veteran.

Results - 1 N. Martin (Lomond HR), 74.46; 2 D. Scott (Norham), 75.28; 3 C. Eades (Lothian RC), 76.34; 4 T. McCall (Norham), 1st veteran, 77.22; 5 A. Fletcher (Berwick), 78.04; 6 Tom Scott, 1st over 50, 78.32; 8 Ian Overton, 84.07; 16 Alan Meiklejohn, 94.00; 18 Dave Francis, 98.35. **Team** - 1 (equal) Fife AC and Norham, 48.

Women - 1 A. Priestley (Ilkley), 77.42; 2 C. Bagness (Wooler), 95.22; 3 Jocelyn Scott, 1st veteran, 98.34; 7 Eliza McLachlan, 112.43.

Glas Tulaichean Uphill Race, Glenshee

Dave Weir contested the Glas Tulaichean Uphill race at Glenshee finishing second over the 4.5 mile (2200ft) course in 37 minutes 34 seconds, only 12 seconds behind winner Joe Symonds (Kendal).

EZ Carnegie One Mile Race, Dunfermline

Under 20 internationalist Graham Bee placed third, first junior, at the one mile race at Pittencrieff Park, Dunfermline, clocking 4 minutes 59 seconds over the hilly course. **Other**

Results - 9 Jim Hannigan, (2nd veteran) 5.16; 11 John Murdoch (3rd veteran) 5.19; 12 John Buchan (second junior) 5.22; 16 Ron Mill 5.26; 27 Steve Doig 6.32; 30 Dave Bee 6.41 34 Margaret McLaren 6.58.

Hill of Tarvit Race, Ceres

The rain abated a while as Glenrothes member Chris Russell headed Fife colleague Adrian Davis at the Hill of Tarvit Race at Ceres. Russell, winner of the West Lomond race at Strathmiglo Highland Games five days earlier, clocked 33 minutes 46 seconds chased over the slippery, muddy course by newly qualified veteran Adrian Davis, Ladybank. Tom Scott finished 4th, with Brian Cruickshank in 6th. Fiona Lothian, Baldinnie, was a clear womens winner placing 12th overall (37.47) with Louise Provan, Gaudry, second (40.22). St Andrews under 13 athlete Andrew Evans once more excelled in senior company placing a remarkable 29th overall, second junior.

Results - 1 Chris Russell (Fife AC), 33.46; 2 Adrian Davis (Fife AC), 1st veteran, 34.32; 3 N. Martin (Lomond HR), 34.47; 4 Tom Scott (Fife AC), 1st over 50, 35.03; 5 P. Dymoke (Lothian), second veteran, 35.12; 6 Brian Cruickshank (Fife AC), 35.21; 7 P. Maddocks (Dundee RR), 36.25; 8 John Murdoch (Fife AC) 3rd veteran, 36.36; 9 S. Morton (Dundee Hawkhill), 37.07; 10 Joe Holden, second over 50, 37.12; 11 Ian Overton 37.25; 12 Fiona Lothian, 1st woman, 37.47; 13 Ronnie Mill, 37.40; 14 Tom Ross, 3rd over 50, 38.13; 15 Dave Booth (RAF Leuchars), 4th over 50, 38.38; 16 Mick Jacobsen (RAF), 39.25; 18 Brian Landels, 39.32; 22 Graeme Barker, 1st junior, 40.18; 23 Ricky Forrester, 40.21; 24 Louise Proven, 2nd woman, 40.22; 29 Andrew Evans, 2nd junior, 41.22; 30 Graham Glynn (RAF), 41.25; 26 Gary Barker, 40.36; 36 Brian Peachey, 43, 27; 38 Alf Tupper, 43.40; 40 Doug Gunstone, 43.58; 43 John McFarlane, 44.37; 45 Chris Clark, 44.54; 48 David Bee, 45.54; 49 Eric Nachman, 45.55; 53 Kim Macgregor, 47.08; 54 Eliza McLachlan, 48.09; 63 Alastair Robertson, 52.12. **Team** - 1 Fife AC, 7.

Kirkpatrick Hill Race

Alex McGuire, Kirkcaldy, placed 15th overall, first over 50, clocking 54 minutes 30 seconds over the six mile (1400ft) course. Alan Meiklejohn, Kirkcaldy, came home in 27th (61.00).

Nairn Duathlon

Phyllis Lemoncello contested the Nairn Duathlon including a 13 mile run and 20 miles of cycling. Phyllis finished fourth woman in 3 hours 01.41 seconds.

Fife Schools Championships, Pitreavie

Fife AC junior athlete Chris Baily (Glenwood High) was in top form setting a new long jump record of 6.39m at the Fife Schools Championships at Pitreavie. With victories in the 100m (11.8) and 200m (23.9), the under 17 athlete earned the David Wilson Trophy for the boys' most meritorious performance.

Glenwood's medal haul swelled as Kenneth Mowbray placed second in the 100m (12.0) while Jude Beimers won the triple jump (11.74m) with Ryan Jex second (10.99m). The quartet of Baily, Mowbray, Jex and Beimers then proceeded to win the four x 100m relay clocking 47 seconds.

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Scottish Schools Championships, Grangemouth

Baily continued on the winning trail at the Scottish Schools Championships at Grangemouth winning the under 17 long jump title with a leap of 6.13m. The all-rounder made the final of the 200m placing eighth (24.1) having placed third in his semi-final (23.25). Baily placed fourth in the semi-final of the 100m (12.16).

Glenwood colleagues Kenneth Mowbray placed fourth in the 100m semi-final (12.16) while Jude Beamers placed fifth in his 400m heat (58.0).

Glenrothes Festival of Road Running

Fife AC were well represented at the Glenrothes Festival of Road Running where under 20 Kirkcaldy internationalist Graham Bee placed third in the 10km race (34.52) also winning the Biathlon title incorporated in the race. Glenrothes runner Chris Russell followed in fourth (35.02) while Tom Scott by Dairsie in sixth was first over 50, third veteran overall (35.22).

Jocelyn Scott, Dairsie, was the clubs first female finisher, fifth overall timed at 43 minutes 29 seconds.

Leading 10km results: 1 N. Cunningham (Pitreavie) 33.10, F. Harper (Carnegie) first veteran 33.43, 3 Graham Bee (Fife AC) first junior 34.52, 4 Chris Russell (Fife AC) 35.02, 5 C. Ross (Dundee Hawkhill) second veteran 35.17, 6 Tom Scott (Fife AC) third veteran/first over 50 35.22, 7 Bryce Aitken (Fife AC) fourth veteran 35.43, 8 R. Houston (Central AC) 35.43, 9 E. Halliwell (Unatt) second junior 35.52, 10 D. McAra (Wee County H.) 35.57, 13 John Murdoch 36.35, 14 John Cunningham 36.37, 15 Brian Cruickshank 36.58, 21 Ian Overton 37.45, 24 Andrew Cassidy 37.59, 26 Laurie Anderson 38.18. **Women:** 1 T. Thomson (Pitreavie) 36.09, 2 A. Priestley (Ilkley) 37.04, 3 M. Lamont (Pitreavie) 42.00, 4 F. Thompson (Carnegie), 5 Jocelyn Scott (Fife AC) 43.29, 6 J. Morris (Perth RR) Kim Macgregor 47.00.

Scottish Schools Pentathlon Championships, Grangemouth

Fife AC all-rounder Chris Baily was a clear winner of the Scottish Schools Pentathlon Championships held at Grangemouth. Having already won the Fife Schools title Baily totalled 3061 points to win the Scottish Schools under 17 title well ahead of second-placed Stephen Miller (Oldmachar Academy) - 2939 points. Baily's best points score came in the 100m hurdles race where he clocked 14.57 seconds. Shot putt (11.94m), long jump (6.05m), 200m (24.05) were capped by a final 1500m run timed at five minutes 23 seconds.

Central & South of Scotland League Division Three, Coatbridge

Baily was back in action helping Fife AC to fifth place at the Central and South of Scotland Track and Field League Division Three match at Coatbridge. Baily won the under 17 javelin with a throw of 41.39m as well as winning the 100m hurdles (14.1). Jude Beamers won the B 100m hurdles race (16.8) before winning the triple jump competition with a dis-

tance of 11.60m. The triple jump B event went to Graeme Noble, St Andrews (11.08m). Beamers added further valuable points with second place in the 200m (24.9) while Matthew Sim placed third in the B race (26.3). John Buchan, Burntisland, was the top distance performer finishing third in the under 17's 1500m.

Rory Scott provided a host of points in the field winning the javelin B (24.02m) and finishing second in the shot putt A (9.26m) where Matthew Sim won the B event (9.08m). Frankie Scott was the star of the under 13 boys' section winning the long jump (4.57m), high jump (1.40m) and javelin (25.62m). Andrew Evans placed third in the 1500m (5.49) and with Scott, Neil Gray and Lewis Johnson placed third in the 4 x 100m relay (61.9).

Kirkcaldy athlete Kim Paterson posted a good 1500m time of five minutes 33 seconds to place third in the under 15 race. Just a couple of strides further back Amanda Woodrow finished fourth in the 1500m B timed at five minutes 37 seconds. Carrie Marshall won the under 15's 200m in a time of 28.2 seconds while Laura Allan finished third in the 200m B (30.00). Stephanie Jones placed third in the under 17's 200m (28.8).

Thomas Salter placed third in the under 15 boys' high jump (1.40m) with brother Philip clocking a respectable five minutes 32 seconds over 1500m. Para-Olympian Steven Payton won the senior 200m clocking a personal best time of 23.4 seconds while Michael Wyse, Kirkcaldy, won the long jump (6.03m).

There were good performances from Kirkcaldy youngsters in the under 11 age group where Kevin Connolly won the 80m (12.3) and Lewis Paterson placed fifth in the 800m (two minutes 58 seconds). Alan Weir finished second in the 800m B race (3.08) and the three teamed up with George Shields to win the 4 x 100m relay in 64.9 seconds.

In the under 11 girls' Samantha Bees pined third place in the 80m (12.8) with Debbie Wilson third in the B race (14.2). Claire Motion placed fourth in the 800m A race (3.23) while Caitlin McFarlane finished fourth in the 800m B race (3.28). The quartet placed third in the 4 x 100m relay clocking 70.4 seconds.

The team placed fifth at the end of the day maintaining an overall fifth place in the league.

Results: 1 Livingston and District 1015, 2 Airdrie H 1013, 3 Victoria Park 990.5, 4 Harmeny AC 814.5, 5 Fife AC 737, 6 Perth Strathtay H 694, 7 Greenock Glenpark H 369.

Eildon Two Hills Race, Melrose

The clubs' hill runners turned out at the Eildon Two Hills race at Melrose which as a British Championship counting event attracted runners from all over the North of England as well as Scotland. Adrian Davis was Fife's first runner home in 46th (31.06) over the 4.5 mile (1500m) course followed by Kirkcaldy veteran Alex McGuire 93rd (34.36) and Joe Holden 103rd (35.12). Kirkcaldy veteran Alan Meiklejohn contested his second race within 24 hours placing 146th (39.43). John Brooks (Lochaber) headed the 178 runners in the men's race timed at 26 minutes 51 seconds.

Sixty one runners contested the women's race won by Angela Priestley (Ilkley) in 32 minutes 39 seconds. In 17th Jocelyn Scott (38.11) was the fifth Scot home followed by Louise Proven 22nd (40.00) and Addy Gerrard 29th (41.05). The Fife women placed a fine fourth team.

Ship Inn Shell Bay Sandy Slither, Elie

European cross-country team gold medallist Andrew Lemoncello was a runaway winner of the Ship Inn Shell Bay Sandy Slither six mile race. Lemoncello took an early lead soon after the start from Lower Large beach car-park chased by Fife AC colleagues Chris Russell and former winner Terry Mitchell. Following the climb over Kincaig Point the British internationalist was two minutes clear and coasted along the final mile stretch over the sands to the finish at the Ship Inn, Elie. Lemoncello clocked 35 minutes 12 seconds with Russell (37.11) in second and Mitchell (37.47) in third. Kirkcaldy athlete James Watson placed fifth only 24 hours after turning out at the Milnathort race chased by Ian Overton seventh and Brian Cruickshank eighth. John Murdoch ninth and Bryce Aitken 10th took second and third veteran prizes respectively. Morag Taggart (Dundee Road Runners) in 20th was the first woman home clocking 45 minutes 50 seconds one place and six seconds ahead of Fife's Jocelyn Scott. Unattached runner Mark Harley finished first junior in 22nd (46.05) while in 36th Andrew Evans, St Andrews, took second junior's award. Glenrothes over 60 runner Ian Whyte excelled to place 23rd overall taking the first over 50's award. A total of 78 runners completed the race and thanks go to all who helped on the night and to the Ship Inn, Elie.

Results: 1 Andrew Lemoncello (Fife AC) 35.12; 2 Chris Russell (Fife AC) 37.11; 3 Terry Mitchell (Fife AC) 1st veteran, 37.47; 4 N. Martin (Lomond HR) 38.52; 5 James Watson (Fife AC) 39.02; 6 N. Leslie (Dundee RR) 39.09; 7 Ian Overton (Fife AC) 39.23; 8 Brian Cruickshank (Fife AC) 39.36; 9 John Murdoch (Fife AC) 2nd veteran, 39.58; 10 Bryce Aitken, 3rd veteran, 41.17; 15 John Gilfillan 43.48; 16 Ricky Forrester 44.04; 18 Brian Landels 45.30; 21 Jocelyn Scott 45.56; 23 Ian Whyte, 1st over 50, 46.06; 27 Alan Meiklejohn 46.19; 28 Doug Gunstone 46.21; 31 Ian Poolman 47.06; 32 Brian Peachey 47.08; 35 Sam I. Graves 47.25; 36 Andrew Evans, 2nd junior, 47.32; 43 Graham Bennison 49.51; 44 Rennie Urquhart 49.55; 45 Chris Clark 50.06; 48 Don Macgregor 51.00; 54 Dick Westwater 51.39; 55 Irene Pennycook 51.42; 57 Kim Macgregor 52.09; 58 Alastair Robertson 52.09; 60 Graham Duncan 55.16; 61 Crawford Mackie 55.17; 65 John Keenlyside 58.54; 71 Ronnie Morrison 60.09; 77 Hamish McLeod 66.58; 78 Audrey Evans 71.32.

Milnathort Dash Road Race

Glenrothes runner Chris Russell placed third at the Milnathort 5.5 mile race timed at 29 minutes 24 seconds with winner Chris Robison (Inverclyde) clocking 28 minutes 44 seconds ahead of Dave Knight (Perth Strathtay) 29.05. **Other Results:** 7 James Watson 30.27; 13 Brian Cruickshank 31.14; 57 Leonard Rhone 38.03; 67 Steve Archibald 38.59.

Scottish Young Athletes League, Scotstoun

Fife AC young athletes placed third and fifth respectively in the girls' and boys' final round match of the Scottish Young Athletes Track and Field League at Scotstoun, Glasgow - the best result for the girls' team over the season. Under 17 athletes Nony Mordi, Cupar, scored a fine 80m hurdles victory clocking 13.4 seconds while Nicola Barnes won the 200m A race (29.1) and Stephanie Jones finished second in the 200m B race (29.2). In the field Nene Udofot, St Andrews, placed second in the shot putt (7.53m). In the under 15 age group there was a double victory in the 800m where Kirkcaldy runner Kim Paterson won the A race in two minutes 26 seconds and Amanda Woodrow, St Andrews, won the B event in two minutes 30 seconds. Freya Murray, St Andrews totalled up good points in the 75m hurdles to place second (13.4) and third in the long jump (4.04m). Alison Colvin took third in the 75m hurdles B race clocking 14.7 seconds. Michelle Thedeus, St Andrews, placed second in the shot putt (8.05m). In the under 17 boys' category Chris Baily once again excelled with a superb long jump win reaching out to

6.36m. This was followed by a win in the javelin (38m) and third in the 100m (11.6). Kenneth Mowbray placed second in the 200m (24.5) while Jude Beimers took third in the 400m (55.6). Baily, Mowbray, Beimers and Ryan Jex completed the day with victory in the 4 x 100m relay clocking 47.1 seconds. Philip Salter followed up his first ever outing over 800m at Ceres Highland Games with a fifth placing in the under 15 boys' 800m in a personal best of two minutes 34.2 seconds. Brother Thomas won the javelin with a throw of 22.81m as well as placing second in the shot putt.

Results: Girls - 1 Giffnock North 418, 2 West Dumbarton 322, 3 Fife AC 175, 4 Dunbar 159, 5 City of Edinburgh 109, 6 Perth Strathtay H 91, 7 Inverclyde 84, 8 Victoria Park 76.

Boys - 1 Giffnock North 388, 2 City of Edinburgh 273, 3 Victoria Park 241.5, 4 Clydesdale 207, 5 Fife AC 181, 6 Inverclyde 144, 7 Perth Strathtay H 77, 8 Dunbar 39.5.

Falkland Hill Race

Over 50 veteran Tom Scott, by Dairsie, placed an excellent fifth overall at the Falkland Hill Race timed at 23 minutes 41 seconds for the three mile up and down course over the 1200ft East Lomond. St Andrews junior Jenny Tan also excelled to complete such a tough course placing 42nd.

Results: 1 L. Ottemoller (Carnethy ER) 20.54; 2 A. Liston (St Andrews University) 21.04; 3 D. McLean (Lomond HR) 1st veteran, 23.22; 4 J. Whittaker (Eryri) 23.31; 5 Tom Scott 1st over 50, 23.41; 16 Alan Meiklejohn 26.47; 17 Stuart Knowles 26.47; 22 Ken McGuire 27.56; 42 Jenny Tan 33.18.

Ceres Highland Games

Andrew Cassidy was in top form at the Ceres Highland Games winning the 1500m before placing fourth in the 3000m. Cassidy timed his finish to perfection in the shorter race having been closed down by Fife colleague Jim Hannigan who edged ahead around the final bend. Coming off the bend Cassidy launched a final all out sprint which carried him to victory ahead of Hannigan. There were also good placings at Ceres for John Thomson, 2nd in the 800m and Terry Mitchell who ground out a fine victory over 3000m.

Fife AC AGM 5000m

Glenrothes runner Chris Russell was a runaway winner of the Fife AC annual general meeting 5000m track race at Glenrothes Institute timed at 16 minutes 33.57 seconds ahead of veteran Joe Holden and unattached runner Neil Munro.

Results: 1 Chris Russell 16:33.57; 2 Joe Holden 18:07.16; 3 Neil Munro 18:27.11; 4 Andy Barker 19:10.45; 5 Gary Barker 19:39.11; 6 Louise Provan 19:45.01; 7 Brian Peachey 19:56.54; 8 Jocelyn Scott 21:16.26; 9 Graham Bennison 21:47.22; 10 Louise Burt 21:55.32; 11 Alastair Robertson 23:25.64.

West Highland Way Race

At the annual general meeting itself the biggest ovation of the night was reserved for Kirkcaldy veteran Eric Nachman who gave a distinguished performance over the 95 mile (9200ft) West Highland Way course placing 13th in 25 hours 01 minute 02 seconds. Many runners attempt to run the course but only a handful succeed and Eric can be justly proud that he now joins an elite group of successful finishers.

JULY 2002

Scottish Pentathlon Championships, Glasgow

Fife AC top junior athlete Chris Baily, Glenrothes, took the silver medal at the under 17 Scottish Pentathlon Championships held at Scotstoun Stadium, Glasgow. Baily, the Scottish Schools Champion, started the day with a superb long jump personal best of 6.47m followed by a 39.28m javelin throw. The 200m saw Baily earn his highest points total (662) with the fastest clocking of 23.96 seconds. A discus throw of 23.90 saw Baily with a lead of 158 points going into the final event the 1500m. It was here that the youngster's previous efforts caught up with him as he struggled to a five minute 52.22 second clocking one minute behind Gary Sweeney (Moray RR) who took the overall title with 2699 points to Baily's 2451.

White Tops Hill Race, Auchterhouse

Kirkcaldy junior hill internationalist Graham Bee won the White Tops hill race at Kirkton of Auchterhouse after early leader Andrew Lemoncello went off course with only a mile remaining. Bee covered the five and a half mile course in 34 minutes 09 seconds followed by Alan Milligan (34.54) and Lemoncello (35.07) to complete a club clean-sweep of the top placings. Over 50 veteran Tom Ross, Newburgh, excelled to place fifth, first veteran, while Dusty Spates, St Andrews and Jamie Lamb, Cupar sprinted to the line together, equal sixth, with Jamie taking the juniors' prize.

Results: 1 Graham Bee 34.09; 2 Alan Milligan 34.54; 3 Andrew Lemoncello 35.07; 4 N. Leslie (Dundee RR) 35.59; 5 Tom Ross, 1st veteran/1st over 50, 39.22; 6 (equal) Dusty Spates and Jamie Lamb, 1st junior, 39.25; 8 R. Davidson (Dundee RR) 2nd veteran, 39.30; 9 C. Love (Dundee Hawkhill) 3rd veteran, 40.10; 10 G. Robinson (Westerlands) 40.42; 11 Ian Overton 41.23; 20 Frank McLaren 43.32; 23 Ronnie Morrison 44.23; 24 Laurie Anderson 44.39; 31 Dave Francis 48.49.

EZ Carnegie 2 Mile Race, Dunfermline

Over 40 veteran Jim Hannigan placed a fine fifth at the Carnegie two mile race over a hilly Pittencrieff Park, Dunfermline course in a fast 10 minutes 58 seconds. John Murdoch finished 11th/2nd veteran in 11.12.

Dollar Hill Race

Dave Weir led the hill team home at the Dollar hill race clocking 83 minutes 13 seconds to place third over the nine mile (3000ft) course. Misty and wet conditions made for difficult running with several runners going off course. Alan Milligan followed home in ninth with Tom Ross 21st. The team placed second with 33 points to Carnethy's 19.

Results: 1 A. Listen (St Andrews University) 82.39; 2 T. Bracegirdle (Cosmic Hill Bashers) 82.54; 3 Dave Weir, 1st veteran, 83.13; 9 Alan Mulligan 86.32; 21 Tom Ross, 2nd over 50, 97.28; 35 Alan Meiklejohn 1:49.19; 45 Dave Francis 2:01.24.

Correyarick Duathlon, Fort Augustus

Adrian Davis, Ladybank, completed the Correyarick duathlon from Fort Augustus to Kincaig in three hours 22 minutes 87 seconds to earn fifth place following a 17 mile run and 26 miles of cycling.

Isle of Barra Half Marathon

At the Isle of Barra half marathon Kirkcaldy veteran Bryce Aitken placed fourth (83.25) while Andy Barker, Burntisland, was the first over 50 veteran (91.34). Sandra Aitken placed third in the women's race timed at one hour 52 minutes 35 seconds.

Stonehaven Half Marathon

Addy Gerrard was second woman home at the Stonehaven half marathon clocking a fine 84 minutes 19 seconds.

Scottish League Division 2, Meadowbank

Fife AC men's track and field team finished their Scottish League Division Two match at Meadowbank in fourth place leaving the team in overall third with one match remaining.

Top points came in the pole vault where Matthew McPherson, Dunshelt, won the A competition with a 4.00m clearance while captain Dave Roberts equalled his personal best of 3.80m in winning the B competition. Under 20 Newburgh athlete James Gill stacked up field points with victory in the high jump (1.90m), third in the 110m hurdles (20.8) as well as winning the triple jump B event (11.84m) where another prolific points scorer, Barry Normand placed second A with a jump of 12.23m.

In the middle distance events David Ovens placed sixth in the 1500m (4:18.7) with Graham Bee third in the B race (4:19.0). Paul Parkinson finished fifth in the 800m (2:02.0) with Ovens fifth B (2.06.0).

Stephen Payton warmed up for his appearance at the World Paralympics with a 53.3 second clocking in the 400m to earn fourth place.

Results: 1 Central AC 318, 2 Shettleston 264, 3 Inverclyde 256, 4 Fife AC 243, 5 Corstorphine 242. 6 Falkirk Vic 210, 7 Lasswade 207. Overall: 1 Shettleston 21, 2 Central AC 20, 3 Fife AC 17, 4 Corstorphine 14; 5 Inverclyde 12, 6 Falkirk Vic 11, 7 Lasswade 7, 8 Black Isle 5.

Crieff 10K Road Race

Chris Russell placed third at the Crieff 10km road race (35.32)

Meall AnT' Suidhe Hill Race, Fort William

At the Meall AnT' Suidhe Hill Race at Fort William (3.5 mile 1500ft) Dave Weir placed fifth, first veteran in 33 minutes 08 seconds with Alex McGuire, Kirkcaldy, seventh, first over 50 - 34 minutes 41 seconds.

Brig Bash 5 Road Race, Bridge of Earn

James Watson, Kirkcaldy, was the club's first runner home at the five mile Brig Bash at Bridge of Earn placing ninth (27.32) followed by Glenrothes veteran Jim Hannigan in 15th (28.21) as 175 finished.

Schools International Track & Field Meeting, Glasgow.

Glenrothes athlete Chris Baily was in top form representing Scotland at the Schools International Track and Field match held at Scotstoun, Glasgow. The match featured the top talent of UK and Irish young athletes and Baily certainly held his own in the top flight. Chris registered a personal best long jump of 6.72 metres to take the bronze medal behind English Schools champion Bernard Yeboam -7.14m and Dwayne Galloway (England) - 6.80m. This performance capped a fine season for the Glenwood High pupil having already won the Scottish long jump title, Fife Multi-Events title as well as placing second in the Scottish Pentathlon Championships - just a few of the accolades won over this summer season!

England won the team competition (518) ahead of Ireland (301.5), Scotland (277.5) and Wales (218).

Fife AC Tour of Fife Race Series

Fife AC athlete Owen Greene, St Andrews, dominated the Tour of Fife Series winning every one of the five races. Scottish internationalist Greene got the best of starts winning the Chariots of Fife four mile beach race over the West Sands, St Andrews, in 21 minutes 53 seconds, 15 seconds clear of Glenrothes runner Scott Taylor.

The toughest race of the week followed as the runners contested a six mile out and back route from Coul Den, Glenrothes, to the 1200 ft summit of the East Lomond. 2001 Tour runner-up, Chris Russell, Glenrothes, led off the summit but over the forest trails, it was Greene who went on to record his second win in 38 minutes 55 seconds, with Russell clocking 39 minutes 01 seconds. Meanwhile Jocelyn Scott, 10th woman at the beach race improved to place 28th overall, first woman on the night just ahead of Margaret McLaren, who took an overall aggregate lead in the series.

The following evening the Tour moved to Beveridge Park, Kirkcaldy, for three laps of the hilly road circuit - four miles in distance. Greene clocked a winning 20 minutes 32 seconds ahead of junior internationalist Graham Bee, Kirkcaldy (20.53) with Neil Gunstone in third, one second ahead of Russell in fourth. Ruth McKean (Edinburgh Tri) was a clear women's winner, placing 17th overall.

The fourth race in the series was a gruelling 2.25km time trial up the East Lomond road - a rise of 754 ft. Starting at 30 second intervals the top runners were well spaced out in the running order. Great Britain internationalist Andrew Lemoncello clocked a fast 10 minutes 12 seconds, 38 seconds ahead of Russell. But, it wasn't enough as Greene powered up the steep road timed at 10 minutes 02 seconds. Sarah Milac (St Albans Striders), was the fastest woman (13.46) with Margaret McLaren close behind (14.19).

Five days of consecutive racing ended with Greene maintaining his unbeaten record over a five mile trail race at Coul Den, Glenrothes. Greene clocked 28 minutes 13 seconds to win the race and the series title with Russell (28.34) second on the night and runner-up in the series. Ian Overton placed fourth on the night to take overall third ahead of over 50 veteran Tom Scott.

Ruth McKean registered her second win of the week in overall 9th (32.04), but it was Margaret McLaren in 30th place who took the women's series title ahead of Jocelyn Scott. Twenty nine athletes finished the series.

RESULTS (All Fife AC unless stated)

CHARIOTS OF FIRE BEACH RACE (4 miles)

1 Owen Greene 21.53; 2 Scott Taylor 22.08; 3 Graham Bee 22.19; 4 Chris Russell 22.29; 5 Edmund Halliwell (unattached), M20, 23.26; 6 Craig Ross (Dundee Hawkhill), M45, 23.34; 7 Ian Overton 23.37; 8 Dave McNicol, M40, 23.49; 9 Tom Scott, M50, 23.54; 10 Brian Cruickshank 23.57; 11 Richard Davidson (Dundee RR), M40 24.02; 12 Paul Bundy (EZ Carnegie) 24.28; 13 Alan Wilson (Dundee Hawkhill) 24.53; 14 Laurie Anderson, M40, 25.02; 15 Mike Mitchell 25.24; 16 John Buchan, M17, 25.32; 17 Colin Mathieson (Pitreavie), M45, 25.40; 18 Frank McLaren, M50, 26.15; 19 Ewan Simpson (Pitreavie), M17, 26.16; 20 Graeme Barker, M20, 26.28; 21 Pam McKay (Shettleston), F40, 26.29; 22 Gary Barker, M40, 26.35; 23 Doug Gunstone, M50, 26.38; 24 John Watson (RRC), M40, 26.49; 25 Dougie Gray (Pitreavie), 27.00; 26 Sandy Adamson (unattached), 27.04; 27 Douglas Young (unattached), M20, 27.15; 28 Bill Simpson (Anster Haddies), M40, 27.16; 29 Colin Simpson (Pitreavie), M45, 27.22; 30 Don Macgregor, M60, 27.25; 31 Michael Cowie (EZ Carnegie), M45, 27.33; 32 Chris Fox, M50, 27.35; 33 Ian McMillan (unattached), M40, 27.41; 34 George Steel (Dundee Hawkhill), 27.45; 35 Bob Thornton (Dundee Hawkhill), M45, 28.23; 36 Eric Sidebottom (Strathearn), M60, 28.30; 37 Alan Davie (EZ Carnegie) M40, 28.49; 38 Leonard Rhone 29.01; 39 Sarah Milac (St Albans

Striders), F35, 29.02. 40 John Keenlyside, M50, 29.04; 41 Margaret McLaren, F45, 29.10; 42 Alan Meiklejohn, M55, 29.13; 43 Graham Bemison, M55, 29.14; 44 Alyson MacPherson (unattached), F40, 30.02; 45 Isabel McMillan (unattached), F40, 30.39; 46 Neil Gray, M17, 81.17; 47 Ron Morrison, M55, 31.36; 48 Miriam Rennett (Dundee RR), F40, 31.48; 49 Jill Barnett (Dundee RR) 31.57; 50 James Young (unattached), M45, 32.08; 51 Susan Wilson (Dundee RR), 32.15; 52 Pauline Walker (EZ Carnegie), F35, 32.32; 53 Keith Hay (Scot Athletics), M40, 32.56; 54 Jim Gray (Fife AC), M45, 33.06; 66 Jocelyn Scott, F50, 83.20; 56 Alastair Robertson, M55, 34.11; 57 Fiona Rennie (EZ Carnegie), F35, 34.28; 58 Bob Stark (unattached), M60, 36.17; 59 Alan Heron (Motorola), M55, 37.56; 60 Rod Crawford (unattached), M45, 41.32; 61 Gail Crawford (unattached), F45, 43.41; 62 Celia Heron (Motorola), F50, 49.35.

HILL RACE (6 miles/1030ft)

1 Owen Greene 38.55; 2 Chris Russell 39.01; 3 Graham Bee 39.41; 4 Adrian Davis, M40, 40.16; 5 Nick Leslie (Dundee RR) 42.08; 6 Tom Scott 42.23; 7 Ian Overton 42.53; 8 Brian Cruickshank 43.27; 9 Alan Wilson 43.64; 10 Dusty Spates (Fife AC) 43.14; 11 Tom Ross (Fife AC), M55, 44.14; 12 Richard Davidson 46.07; 13 Mike Mitchell 46.52; 14 Graeme Barker 46.55; 15 Brian Landels (Fife AC) 46.56; 16 Gary Barker 47.06; 17 John Buchan 47.06; 18 Dougie Gray 47.47; 19 Sandy Adamson 48.36. 20 Freak McLaren 49.00; 21 John Watson 49.02; 22 Ron Morrison 50.12; 23 Alan Meiklejohn 50.19; 24 Derek Jablowski (Lomond HR), M45, 50.33; 25 Scott Urquhart (Lomond HR) 50.57; 26 George Steel 51.02; 27 Bill Simpson 51.14; 28 Jocelyn Scott 51.24; 29 Colin Simpson 52.22; 30 Margaret McLaren 52.45; 31 Bob Thornton 53.30; 32 Doug Gunstone 53.52; 33 John Keenlyside 54.53; 34 Alyson MacPherson 55.14; 35 Miriam Rennet 55.30; 36 Graham Bennison 56.49; 37 Callum Dick (unattached) 67.48; 38 Susan Wilson 59.01; 39 Pauline Walker 59.32; 40 Alastair Robertson 61.27; 41 Keith Hay 62.21; 42 Jill Barnett 72.09.

ROAD RACE (4 miles)

1 Owen Greene 20.32; 2 Graham Bee 20.53; 3 Neil Gunstone (Dundee HH) 21.48; 4 Chris Russell 21.49; 5 Ian Overton 22.07; 6 Gerry Reid (RH Cambuslang), M40, 22.26; 7 Jim Hannigan (Fife AC), M40, 22.43; 8 Hugh McKay (Fife AC), M40, 23.00; 9 Tom Scott 23.04; 10 Brian Cruickshank 23.09; 11 Richard Salmond (unattached) 23.14; 12 Alan Wilson 23.19; 13 Richard Davidson 23.26; 14 Neil Young (Fife AC) 23.52; 15 John Buchan 24.15; 16 Barry Davie (Pitreavie) 24.20; 17 Ruth McKean (Edin Tri) 24.81; 18 Alan McLeod (Dundee RR), M55, 24.39; 19 Mike Mitchell 24.53. 20 Graeme Barker 25.02; 21 Frank McLaren 25.32; 22 Gary Barker 25.38; 23 John Watson 25.52; 24 Dougie Gray 25.59; 25 Sandy Adamson 26.13; 26 Bill Simpson 26.24; 27 Sarah Milac (St Albans Striders), F35, 26.24; 28 Eileen Reid (Shettleston), F40, 26.26; 29 Chris Fox 26.59. 30 Leonard Rhone 27.09; 31 Bob 27.24; 32 Sue Storrie (unattached) 27.36; 38 Kenneth McLeod (Dundee RR) 27.37; 34 Alan Meiklejohn 27.54; 35 Jocelyn Scott 27.58; 36 John Keenlyside 27.59; 37 Margaret McLaren 28.00; 38 Graham Bennison 28.16; 39 Alyson MacPherson 28.39; 40 Gordon Thomson (unattached) 28.40; 41 Jim Taylor (Fife AC), M40, 28.50; 42 Miriam Rennet 29.22; 43 Ron Morrison 29.38; 44 Rob Wilkinson (unattached) 30.01; 45 Pauline Walker 31.01; 46 Susan Wilson 31.11; 47 Jill Barnett 31.13; 48 Alastair Robertson 31.28; 49 Keith Hay 31.36.

UPHILL TIME TRIAL (1.4 miles/754ft)

1 Owen Greene 10.02; 2 Andrew Lemoncello (Fife AC) 10.12; 3 Chris Russell 10.50; 4 Ian Overton 10.53; 5 Tom Scott 11.45; 6 Brian Cruickshank 11.53; 7 Alan Wilson 12.06; 8 Richard Davidson 12.06; 9 Ian Mills (Anster Haddies) 12.19; 10 Mike Mitchell 12.32; 11 John Buchan 12.39;

(Continued from page 5)

12 Graeme Barker 12.50; 13 John Watson 12.54; 14 Frank McLaren 12.57; 15 John Knox (unattached) 12.58; 16 Bill Simpson 13.03; 17 Dougie Gray 13.11; 18 Alan McLeod 13.14; 19 Sandy Adamson 13.30; 20 Sara Milac 13.46; 21 Gary Barker 13.55; 22 Margaret McLaren 14.19; 23 Alan Meiklejohn 14.20; 24 Bob Thornton 14.22; 25 Alyson MacPherson 15.03; 26 John Keenlyside 15.06; 27 Jocelyn Scott 15.14; 28 Miriam Rennett 16.22; 29 Susan Wilson 15.54; 30 Alastair Robertson 15.65; 31 Ron Morrison 15.59; 32 Graham Bennison 16.30; 33 Pauline Walker 16.43; 34 Jill Barnett 16.55; 35 Keith Hay 17.46.

TRAIL RACE (5 miles)

1 Owen Greene 28.13; 2 Chris Russell 28.34; 3 Dusty Spates 29.49; 4 Ian Overton 30.02; 5 Tom Scott 30.23; 6 Richard Davidson 31.15; 7 Alan Wilson 31.20; 8 John Buchan 31.53; 9 Ruth McKean (Ed Tri), 32.04; 10 Laurie Anderson (Fife AC), 32.13; 11 Graeme Barker 32.41; 12 Tom Ross (Fife AC) 32.51; 13 Mike Mitchell 33.09; 14 Gary Barker 33.32; 15 Dougie Gray 33.36; 16 John Watson 34.17; 17 Frank McLaren 34.28; 18 Sandy Adamson 34.57; 19 Bill Simpson 34.58 20 Adrian Scott (Sri Chinmoy), 35.26; 21 Ian Whyte (Fife AC), 35.49; 22 Jack Stanford (Fife AC), 35.55; 23 Brian Landels (Fife AC), 36.01; 24 Bob Thornton 36.08; 25 Leonard Rhone 36.15; 26 Ian Poolman (Fife AC), 36.19; 27 Jocelyn Scott 36.29; 28 Alan Meiklejohn 36.43; 29 John Keenlyside 36.55; 30 Margaret McLaren 37.41; 31 Alyson MacPherson 38.12; 32 Graham Bennison 38.54; 33 Miriam Rennet 39.24; 34 Scott Wilson (Fife AC), 39.58; 35 Grant Laycock (unattached), 40.25; 36 Jill Barnett 41.14; 37 Sandy Chalmers (unattached), 41.21; 38 Ron Morrison 41.27; 39 Pauline Walker 41.30; 40 Susan Wilson 41.34; 41 Alastair Robertson 42.26; 42 Mike Kuzsyzyn (Fife AC), 42.50; 43 Keith Hay 43.09.

FINAL POSITIONS

1 Owen Greene (Fife AC), 1.59.35; 2 Chris Russell (Fife AC), 2.02.43; 3 Ian Overton (Fife AC), 2.09.32; 4 Tom Scott (Fife AC), MV50, 2.11.29; 5 Alan Wilson (Dundee HH), 2.15.32; 6 Richard Davidson (Dundee RR), MV40, 2.15.56; 7 John Buchan (Fife AC), M17, 2.21.25; 8 Mike Mitchell (Fife AC), 2.21.50; 9 Graeme Barker (Fife AC), M20, 2.23.56; 10 Gary Barker (Fife AC), MV40, 2.26.46; 11 Dougie Gray (Pitreavie), 2.27.33; 12 Frank McLaren (Fife AC), MV50, 2.28.12; 13 John Watson (RRC), MV40, 2.28.54; 14 Sandy Adamson (unattached), 2.30.20; 15 Bill Simpson (Anster Haddies), MV45, 2.32.55; 16 Alan Meiklejohn (Fife AC), MV55, 2.38.29; 17 Bob Thornton (Dundee HH), M45, 2.39.47; 18 Margaret McLaren (Fife AC), FV45, 2.41.55; 19 John Keenlyside (Fife AC), V50, 2.43.57; 20 Jocelyn Scott (Fife AC), FV50, 2.44.25; 21 Alyson Macpherson (unattached), FV40, 2.47.10; 22 Ron Morrison (Fife AC), MV55, 2.48.62; 23 Graham Bennison (Fife AC), MV55, 2.49.43; 24 Miriam Rennet (Dundee RR), FV40, 2.51.24; 25 Susan Wilson (Dundee RR), 2.51.24; 26 Pauline Walker (EZ Carnegie), FV35, 3.01.18; 27 Alastair Robertson (Fife AC), MV55, 3.06.27; 28 Keith Hay (Scot. Athletics), MV40, 3.07.48; 29 Jill Barnett (Dundee RR), 3.13.28.

Fife AC Newburgh 4.5 Mile Race

Eighty five runners completed the Newburgh 4.5 mile race where Fife placed 11 in the first 15 runners home. Andrew Lemoncello was a clear winner in 22 minutes 37 seconds ahead of Kirkcaldy under 20 athlete Graham Bee with Dundee Hawkhill's Neil Gunstone third. Fiona Lothian, Baldinnie, finished 14th overall (26.32) as the Fife women cleaned up the female prizes with Addy Gerrard 18th and Louise Provan 25th. Returning to competition after a three year absence was Dundee athlete Alison Carr, a former cross-country internationalist. Alison, a keen supporter of Fife races in the past, placed 51st, sixth woman in 31 minutes 20 seconds.

Results: 1 Andrew Lemoncello 22.37; 2 Graham Bee, 1st junior, 23.13; 3 N. Gunstone (Dundee Hawkhill) 23.25; 4 A. Liston (St Andrews University) 23.34; 5 Chris Russell 24.61; 6 R.

Campbell (Arbroath Footers) 24.47; 7 Dusty Spates 25.03; 8 Ian Overton 25.12; 8 Brian Cruickshank 25.34; 10 John Murdoch, 1st veteran, 25.44; 11 Jim Hannigan 26.03; 12 A. Wilson (Dundee Hawkhill) 26.10; 13 Laurie Anderson 26.25; 14 Fiona Lothian, 1st woman, 26.32; 15 Joe Holden, 1st over 50, 26.36; 17 Steff Quinn (RAF Leuchars) 26.58; 18 Addy Gerrard, 2nd woman, 27.13; 21 Mick Jacobsen (RAF Leuchars) 27.39; 22 Graeme Barker, 2nd junior, 27.43; 24 Frank McLaren, 2nd over 50, 28.06; 25 Louise Provan, 3rd woman, 28.37; 26 Ricky Forrester 28.42; 27 Angus McLachlan, 3rd junior, 28.50; 30 Doug Gunstone 29.01; 38 Chris Fox 29.45; 39 Graham Glynn (RAF Leuchars) 29.48; 40 Ian Pullman 29.51; 41 Andrew Evans, 4th junior, 29.52; 44 Alan Meiklejohn 30.11; 46 Ronnie Morrison 30.43; 47 Brian Peachey 30.50; 48 Alf Tupper 30.59; 50 Jackie Lumsden 31.11; 52 Margaret McLaren 31.30; 55 John Keenlyside 31.56; 56 Don Macgregor 31.59; 61 Graham Bennison 33.04; 62 Duncan McLachlan 33.14; 67 Dave Francis 33.49; 68 S. McCarlie 34.00; 74 Alastair Robertson 35.24; 75 Jim Gray 35.42; 80 Fiona Muir 38.45; 84 Audrey Evans 46.10.

Fife AC Newburgh 1 Mile Race

Neil Gray won the junior one mile race at Newburgh in five minutes 13 seconds with George Shields second. Samantha Bease placed first girl ahead of Claire Motion.

Results: 1 Neil Gray 5.13; 2 George Shields 5.27; 3 Ewan Gray 6.01; 4 Alan Robertson 6.06; 5 Gareth Thacker 7.07; 6 Gregor Thacker 7.55. Girls - 1 Samantha Bease 5.42; 2 Claire Motion 5.47.

AUGUST 2002

Fife AC Largo Law Hill Race, Lower Largo

The Largo Law Hill Race celebrated its 25th year with Fife AC dominating proceedings. From the start at the Crusoe Hotel, Lower Largo, club colleagues Owen Greene and Andrew Lemoncello forged ahead reaching the 900ft summit together. The pair battled side by side until the final three-quarter mile downhill stretch along the road where recent Tour of Fife winner Greene gradually opened up a 15 second advantage to reach the finish back at the Crusoe in pole position. The St Andrews member covered the slippery five and a half mile course in 30 minutes 10 seconds with Lemoncello clocking 30 minutes 25 seconds. Recently qualified over 40 veteran Adrian Davis, Ladybank, came home third (43.48) to make it a Fife clean sweep of the top positions. Glenrothes runner Chris Russell ran well to place fifth followed by Scott Taylor, seventh, and Brian Cruickshank 12th. Scott Cassidy, Kennoway, made a welcome return for the club, home on army leave, to finish 10th. Newburgh over 50 veteran Tom Ross excelled to place 14th taking the super veterans award.

Scottish women's hill internationalist Tracey Brindley (Carnethy HR) was a clear winner of the women's prize, placing eight overall in 34 minutes 01 seconds. Louise Provan, Gaudry, celebrated one of her best ever hill runs in 33rd, second woman clocking 40 minutes 43 seconds. The underfoot conditions made the steep descent of the Law hazardous for all runners and credit goes to under 15 athlete Jennifer Kibble, Cupar, who stuck to her task to complete what is a gruelling race in 77th place.

Thanks go to all who helped, particularly local firm Cadar Ltd, for their continued sponsorship of the race.

Results: 1 Owen Greene (Fife AC), 30.10; 2 Andrew Lemoncello (Fife AC), 30.25; 3 Adrian Davis (Fife AC), 1st veteran, 31.34; 4 A Liston (St Andrews Uni), 32.12; 5 Chris Russell (Fife AC), 32.25; 6 K Varney (Cosmic Hill Bashers), 2nd veteran, 32.45; 7 Scott Taylor (Fife AC), 33.31; 8 Tracey Brindley (Carnethy HR), 34.01; 9 S Bennet (Carnegie), 34.27; 10 Scott Cassidy (Fife AC), 34.50; 11 M Johnston (Carnethy), 35.11; 12 Brian Cruickshank (Fife AC), 35.55; 13 S. Wombwell (Pitreavie), 3rd veteran, 36.29; 14 Tom Ross (Fife AC), 1st over 50, 36.36; 15 I Johnston (Carnegie), 4th veteran, 36.54; 18 Andrew Cassidy, 37.48; 19 I Donnan (Lothian RC), 1st jun-

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ior, 38.19; 22 Brian Landels, 38.47; 23 Richard Shaw, 38.54; 25 Ian Overton, 39.10; 33 Louise Provan, 40.43; 34 Alan Meiklejohn, 40.47; 40 Rory Scott, 2nd junior, 41.29; 46 Jocelyn Scott, 41.48; 55 John Keenlyside, 45.55; 59 Chris Clark, 48.20; 60 Mark Dow, 3rd junior, 46.36; 65 Frank Cation, 48.57; 66 Phyllis Lemoncello, 49.04; 70 Dave Ellison, 50.12; 73 Graham Bennison, 51.52; 77 Jennifer Kibble, 2nd female junior, 63.08.

EZ Carnegie 1 Mile Road Race, Dunfermline

Under 20 internationalist Graham Bee, Kirkcaldy, had his first outing of the weekend at the Carnegie one mile road race at Pittencrieff Park, Dunfermline, placing second over the hilly course in four minutes 51 seconds. Neil Munro placed a fine sixth in five minutes 06 seconds, with Glenrothes veteran Jim Hannigan, eighth, second veteran, (5.08) followed by John Buchan, Burntisland, in ninth, second junior (5.10).

Scottish Gas 10K Race, Edinburgh

Graham Bee placed eighth, first junior, out of 567 runners at the Scottish Gas 10K race in Edinburgh, clocking 34 minutes 33 seconds. Adrian Davis had his second outing of the weekend in ninth, second veteran sharing a time of 34.33, a stride behind Bee.

World Paralympics Championships, Lille

Fife AC athlete Stephen Payton returned from the World Paralympics Championships in Lille as a silver medalist. Payton led off the bend into the straight in the 200m final but it was Tim Sullivan (Australia) that came through 20 metres out from the line to claim gold in 23.44 seconds ahead of Payton's 23.61.

"I just couldn't maintain my form over the last 20 metres", stated Payton who was featured on BBC2 television.

Scottish Mens Track & Field Division Two Inverness

A token men's track and field team placed eighth and last at the final Division Two match at Inverness with team captain Dave Roberts content to see the club finish in fourth league place overall.

Results: 1 Central AC, 2 Shettleston, 3 Corstorphine, 4 Inverclyde, 5 Black Isle, 6 Lasswade, 7 Falkirk Vic, 8 Fife AC.

Overall final placings: 1 Central 28; 2 Shettleston 28; 3 Corstorphine 20; 4 Fife AC 18; 5 Inverclyde 17; 6 Falkirk Vic 13; 7 Lasswade 10; 8 Black Isle 9.