

DECEMBER 2001

Fife AC Boxing Day Handicap Races

A total of 118 athletes contested the Fife AC Boxing Day Handicap races at Beveridge Park, Kirkcaldy and Craigtoun Park, St Andrews. Twelve-year-old George Shields headed the field over the 1.3 mile road circuit at Beveridge Park clocking an actual time of 10 minutes 03 seconds off a handicap of 100 seconds. Louise Provan was the first woman over the line in fifth (8.31) while Hayley Parkinson Ovens (Edinburgh Woollen Mill) in ninth clocked the fastest women's time of seven minutes 15 seconds. Fastest overall time was set by GB internationalist Phil Mowbray (Hunters Bog Trotters) who placed 10th overall in 6.01.

Results: (Actual times in brackets) 1 G. Shields (Unatt) (10.03); 2 A. Mackie (Unatt) (7.55); 3 S. Turtle (Unatt) (8.16); 4 K. Mitchell (Unatt) (10.28); 5 Louise Provan (8.31); 6 Kim Paterson (9.43); 7 Laurie Anderson (7.24); 8 D. Ovens (Unatt) (7.05); 9 Hayley Parkinson Ovens (EWM) (7.16); 10 P. Mowbray (HBT) (6.01); 11 Paul Parkinson (6.27); 12 Chris Russell (6.47); 13 Doug McKenzie (6.28); 14 Bryce Aitken (7.04); 16 John Cunningham (6.35); 16 Ronnie Mill (7.32); 17 Graham Bee (6.39); 18 Sharon Lamont (Pitreavie) (8.14); 19 Daniel Leggate (6.24) 20 Ellen Leggate (7.31); 21 Jim Hannigan (7.32); 22 Michael Mowbray (8.04); 23 David Bee (8.35); 24 John Murdoch (7.16); 26 Frank McLaren (8.07); 26 Joe Holden (7.50); 27 Alan Meiklejohn (8.37); 28 Eric Nachman (9.45); 29 Ian Paterson (9.36); 30 George Black (8.11); 31 Wilf Parkinson (9.10); 32 Melanie Thomson (Pitreavie) (8.59); 33 Trudi Thomson (Pitreavie) (7.55); 34 Adele Osborne (11.43); 36 Pat Whitelaw (11.43); 36 David Shepherd (8.58); 37 Graeme Duncan (10.13); 38 Graeme Lister (9.03); 39 Mary Lamont (Pitreavie) (9.07); 40 Ian Russell (9.27); 41 Graeme Barker (8.14); 42 Caroline Parkinson (11.24); 43 John Leggate (9.24); 44 Catriona Duncan (10.54); 45 John Lamont (9.31); 46 Jim Close (9.07); 47 Stephanie Pennycook (14.25); 48 Sara Bee (11.43); 49 John Mitchell (11.34); 50 Connor Mitchell (14.06); 51 Andy Williams (11.19); 52 Stuart Mitchell (10.08); 53 Claire Mitchell (14.10); 54 Alastair Robertson (10.27); 65 Claire Black (12.26).

Under 13 St Andrews athlete Duncan McLachlan took the president's steak pie at Craigtoun Park, first back over the two mile cross-country course in 13 minutes 30 seconds. Under 17 runner Rory Scott, by Dairsie took second place while European team gold medallist Andrew Lemoncello came through into third clocking the fastest time of 10 minutes.

Leading results: (Actual times in brackets) 1 Duncan McLachlan (13.30); 2 Rory Scott (11.57); 3 Andrew Lemoncello (10.00); 4 Angus McLachlan (12.14); 5 Brian Cruickshank (10.45); 6 Chris Russell (10.50); 7 Tom Scott (10.55); 8 Owen Greene (11.01); 9 Jonathan Seeley (11.01). 10 Ian Overton (11.20); 11 Martin Laing (11.25); 12 Laurie Anderson (11.51); 13 Louise Provan (11.52); 14 Sarah Laing (12.55); 15 Gary Barker (13.00).

Leading results junior one mile: 1 Frankie Scott 6.02; 2 Andrew Evans 6.11; 3 Craig Bell (Forfar) 6.36; 4 Jonathan Marks 6.55; 5 Conor Hill 7.06; 6 Morven Scott 7.24; 7 Jenny Tan 7.33; 8 Steven Callendar 7.35.

East Cross Country League, Dunfermline

Despite finishing second team in three of the five age groups at the East of Scotland Cross Country match at Townhill, Dunfermline, Fife AC lost their overall lead in the 30-strong league they have dominated for years. Alan Milligan led home the senior men in eighth closely followed by Dave Anderson 10th. John Cunningham (24th), Brian Cruickshank

(30th), Tom Scott (32nd) and Bryce Aitken (49th) closed in the team scoring totalling 151 points behind City of Edinburgh's 106. The under 17 team placed second to Aberdeen while the under 15's also finished second to City of Edinburgh. John Buchan, Burntisland led home the under 15 team placing 12th clocking 16 minutes 01 seconds over the 2.5 mile course. Kirkcaldy athlete Kim Paterson placed 51st overall in the mixed under 15 race timed at 18 minutes 16 seconds. There was a good third place for the under 13 team led by Kirkcaldy's Elliott Simpson in eighth while Andrew Evans placed third in the under 11's race with the team sixth. At the end of the day City of Edinburgh held the overall aggregate lead ahead of Fife.

Results: Senior Men - 1 P. Mowbray (HBT) 31.11; 2 N. Milovsorov (Metro Aberdeen) 31.56; 3 J. Ross (Mizuno RC) 1st veteran, 31.58; 4 D. Cavers (Teviotdale) 32.29; 5 C. Meek (Lothian RC) 2nd veteran, 32.58; 6 Alan Milligan 33.26; 7 M. McQuaid (Falkirk Vic) 33.28; 8 M. Ferguson (C of E) 33.35; 9 P. Morrison (Carnegie) 38.61; 10 Dave Anderson 33.53; 24 John Cunningham 35.09; 30 Brian Cruickshank 35.24; 32 Tom Scott 35.29; 49 Bryce Aitken 36.11; 51 John Murdoch 36.19; 56 Ian Overton 36.36; 68 Neil Young 37.05; 99 Scott Pride 38.47; 103 Jon Hannigan 38.56; 107 Gary Barker 39.07; 114 Joe Holden 39.19; 129 Brian Landels 40.14; 130 Roy McLachlan 40.19; 132 Steve Robertson 42.05; 149 Ricky Forrester 41.19; 162 Alan Meiklejohn 42.04; 166 Doug Gunstone 42.16; 171 Doug Provan 42.22; 195 Graham Bennison 44.44; 203 David Shepherd 45.43.

Teams: 1 City of Edinburgh 106; 2 Fife AC 151; 3 Lothian RC 171; 4 EZ Carnegie 248; 5 Falkirk Vic 268; 6 Corstorphine 268; 7 City of Edinburgh B 277; 8 Gala H 356; 9 Fife B 484; 10 Perth Road Runners 492.

Veteran Teams: 1 Lothian RC 67; 2 Fife AC 132; 3 Teviotdale 134; 4 Gala 168; 5 Corstorphine 195; 6 Haddington ELP 247.

Under 17 Men: 1 A. Hat (Central) 21.41; 2 S. Irwin (Pitreavie) 21.47; 3 S. Forbes (Aberdeen) 21.52; 15 Angus McLachlan 24.09; 18 Graeme Noble; 19 Jamie Lamb .

Teams: 1 Aberdeen 13; 2 Fife AC 42; 3 Edinburgh 51.

Under 15 Boys: 1 S. Desport (Harmeny) 14.21; 2 D. Skinnie (Aberdeen) 14.24; 3 J. Thomson (C of E) 14.31; 12 John Buchan 16.01; 22 Mark Dow 16.42; 36 Craig Guzy 17.15.

Teams: 1 City of Edinburgh 37; 2 Fife AC 48; 3 Lothian RC 55.

Under 13 Boys: 1 A. Thoirs (Aberdeen) 10.18; 2 N. Hobday (Montrose) 10.24; 3 M. Edwards (Aberdeen) 10.28; 8 Elliott Simpson 10.48 14 Frankie Scott 11.15; 27 Duncan McLachlan 12.05; 37 John Innes 12.25. **Teams:** 1 Aberdeen AAC 8; 2 Montrose and District 26; 3 Fife AC 45.

Under 11 Boys: 1 S. Devenny (C of E) 5.14; 2 M Gillespie (Central) 5.16; 3 Andrew Evans 5.35; 32 Neil Gray 6.23; 37 Cameron Downie 6.31; 49 Jamie Mackie 6.34; 57 David Rodigan 6.53; 57 Ewan Gray 6.57. **Teams:** 1 Aberdeen AAC 28; 2 FaikirkVic 29; 3 City of Edinburgh 34; 6 Fife AC 72.

St Andrews athlete Eliza McLachlan placed 37th in the women's open race at Townhill timed at 30 minutes 22 seconds over the 4.5 mile course.

European Cross Country Championships, Switzerland

Fife AC star athlete Andrew Lemoncello capped a year of success helping the Great Britain junior men's squad to team

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gold at the European Cross Country Championships in Thun, Switzerland. Over the 6150m course, Lemoncello placed 33rd in 20 minutes 13 seconds - Britain's fourth team scorer. Mohamed Farah finished second to the Ukraine's Vasyl Matviychuk and with Adam Bowden (6th) and Matt Bowser (13th) Britain totalled 54 points ahead of Portugal's 67 with France in third (68). With Britain's Women and Junior Women both taking team silver the event was a major success for the British squad.

Reebok Cross Country Series, Edinburgh

Fife AC junior team gold medallist Andrew Lemoncello came up against the UK's top seniors when Holyrood Park, Edinburgh hosted the fourth round of the Reebok Cross Country Series. One hundred and 30 runners contested the senior 8000m race which incorporated the Scottish Inter District Championships and a home countries under 23 international. Lemoncello placed 27th overall, second under 20 and sixth under 23, clocking 28 minutes 37 seconds. Sam Haughian (Windsor Slough and Eton), sixth in last week's European Championships was a runaway winner clocking 26 minutes 21 seconds. Dave Anderson, Milnathort and Kirkcaldy under 20 athlete Graham Bee represented East of Scotland placing 75th and 81st respectively.

Fife AC Nightmare Series - Kinghorn

Dave Anderson won the third race in the Nightmare series held over Pettycur Sands at Kinghorn. Anderson covered the two and a half mile course out to the Black Rock and back in 14 minutes 50 seconds ahead of Chris Russell's 15.19. Brian Cruickshank, Glenrothes, placed third (15.38) with Laurie Anderson seventh (16.24), Jocelyn Scott finished 13th overall, first woman (19.20) with Louise Proven 16th (21.03).

Results - 1 Dave Anderson 14.60, 2 Chris Russell 15.19, 3 Brian Cruickshank 15.38, 4 N. Martin (Lomond HR) 16.02, 5 J. Hargreaves (unatt) first junior 16.08, 6 N. Munro (unatt) 16.18, 7 Laurie Anderson 16.24, 8 Graeme Barker 16.55, 9 Gary Barker 17.02, 10 Mike Mitchell 17.13, 11 G. Pryde (Lomond HR) 17.26, 12 Chris Fox 18.00, 13 Jocelyn Scott 19.20, 14 Alan Meiklejohn 19.37, 15 David Shepherd 19.44, 16 Louise Provan 21.03, 17 I. Pulman (unatt) 22.21, 18 Alastair Robertson 22.29, 19 A. Wood (unatt) 22.35, 20 Graham Bennison 22.65.

Oxford v Cambridge University Cross Country Race, London

Down at Wimbledon Common the UK's oldest cross country - the Oxford v Cambridge race - produced another win for a Fife AC member as Ellen Leggate (Cambridge) won the women's title 45 seconds clear of former Fife member Katie Skorupska (Oxford). Oxford won the team race with 16 points to Cambridge's 27. Daniel Leggate, twice winner of the men's race, contested the old boys' event placing fifth behind winner Donald Naylor.

Pitmedden Forest Race, Auchtermuchty

A record field of 133 runners completed the Pitmedden six mile race won by Lothian veteran Colin Meek (31.35), 18 seconds ahead of Al Hart (Hunters Bog Trotters) with Kirkcaldy triathlete Paul Gallacher in third (32.42). First finisher for Fife was Chris Russell in eighth followed by Adrian Davis 11th and Tom Scott 13th. World Hill veteran bronze medallist Louise Burt, St Andrews, placed 60th overall (41.09) to win the women's race ahead of Jocelyn Scott 68th (41.56).

Results: 1 C. Meek (Lothian RC) first veteran 31.36; 2 A. Hart (HBT) 31.52; 3 P. Gallacher (Unatt) 32.42; 4 R. Campbell (Arbroath Footers) 33.02; 5 T. Bracegirdle (Edinburgh Univ)

33.17; 6= T. Gilroy (Hamilton) and K. Varney (Metro Aberdeen) second veteran 33.29; 8 Chris Russell (Fife AC) 33.40; 9. N. Cunningham (Pitreavie) 33.50; 10 B. Turner (Lothian) 33.59; 11 Adrian Davis (Fife AC) 34.20; 12 A. McAlinden (Hamilton) first over 50 34.33; 12 Tom Scott second over 50 34.38; 14 Brian Cruickshank 34.46; 19 Martin Laing 35.24; 24 Ian Overton 36.33; 27 Laurie Anderson 84.49; 30 Neil Young 37.19; 35 Scott Pryde second junior 37.54; 36 Jim Hannigan 37.58; 37 Gary Barker 38.07; 38 Joe Holden 38.14; 42 Stuart Knowles 38.64; 44 Alex McGuire 39.14; 50 Jim Rough 40.01; 53 Roy McLachlan 40.06; 5 Rory Scott third junior 41.05; 60 Louise Burt 41.09; 65 Steve Robertson 41.38; 67 Alan Meiklejohn 41.51; 68 Jocelyn Scott 41.56; 70 Doug Gunstone 41.58; 72 Martin Farrally 42.19; 73 Doug Provan 42.30; 75 Louise Provan 42.51; 106 Eliza McLachlan 47.50; Caroline Armstrong 47.64; 109 David Shepherd 48.21; 110 Fiona Muir first female junior 48.28; 111 Allan Lees 46.45; 117 Alastair Robertson 50.27; 118 Kim Paterson second female junior 50.37; 120 Hugh Rough 51.37; 121 Graham Duncan 51.53; 122 Bob Allison 52.09; 130 Catriona Duncan 54.31; 131 Donald Muir 57.38.

Scottish Services League, RAF Buchan;

Forfar Plum Pudding Race;

Cyclists v Harriers Race, Dundee

Leuchars athlete Dave Adam rounded off the year with no less than three races winning two of them. Dave first won the Scottish Services League cross-country at RAF Buchan covering the six mile course in 35.15 well clear of second-placed Stan McKenzie (Inverness) in 36.11. Mick Jacobsen placed 14th (41.40) and Steff Quinn 17th (42.10) helping RAF Leuchars to third team place. On Boxing Day, Dave won the Forfar Plum Pudding race around Forfar Loch timed at 15 minutes 02 seconds over the three mile circuit. Former Fife athlete Craig Ross came home in second (15.06). Dave's third competitive outing came at Caird Park, Dundee placing sixth overall, second runner at the annual Cyclists v Harriers cross-country. Dave clocked 29 minutes 15 seconds over the slippery course.

JANUARY 2002

East District Track & Field Championships, Kelvin Hall, Glasgow

Glenrothes under 17 athlete Kenneth Mowbray had a busy weekend at the East District Indoor Track and Field Championships at Glasgow's Kelvin Hall contesting three events. Mowbray placed second in his heat of the 60m (7.65) to make the final where he clocked 7.68 seconds placing fifth. He also placed fifth in the shot putt reaching out to 10.09m as well as finishing fourth in the long jump competition (5.70m). Kirkcaldy under 15 runner Kim Paterson placed fifth in her heat of the girls 200m clocking 30.12 seconds. Kirkcaldy athlete Paul Parkinson clocked a fine one minute 59.79 seconds in the men's 800m final placing fourth in a strong field. Gold medallist Stuart Boyle (Livingston) clocked 1:57.92. Nicola Thomson placed fifth in the women's long jump (4.53m).

Open Track & Field Meeting, Glasgow

Earlier in the week club pole vaulter Matthew McPherson, Dunshelt, was in top form at an open track and field meeting at the Kelvin Hall with a winning 4.10m clearance - a new personal best.

Scottish U17 Indoor Championships, Kelvin Hall, Glasgow

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Fife AC Young Athlete of the Year, Chris Baily, Glenrothes, commenced his season in fine form taking silver and bronze medals at the Scottish Under 17 Indoor Championships at Glasgow's Kelvin Hall. Chris placed second in the long jump with a leap of 6.05 metres and third in the shot putt with a throw of 10.43m.

Scottish Universities Indoor Track & Field Championships Kelvin Hall, Glasgow

At the Kelvin Hall, Glasgow the Scottish Universities Indoor Track and Field Championships saw Kirkcaldy under 20 athlete Paul Parkinson (Napier) take the 400m silver medal clocking a fast 52.36 seconds.

East Cross Country League, Lochore Meadows

Fife AC's five year reign as East of Scotland Cross-Country League champions came to an end at Lochore Meadows as City of Edinburgh won the overall aggregate title with Fife in second. One hundred and seventy seven runners contested the senior men's 10km race won by Nick Milovsorov (Metro Aberdeen) in 34 minutes 16 seconds. Scottish junior hill internationalist Graham Bee, Kirkcaldy led home the Fife team in sixth (35.54) followed by Adrian Davis 14th and Dave Anderson 16th - contesting his first race as an over 40 veteran. Brian Cruickshank placed 31st followed by Tom Scott 32nd and Dave Adam 35th which completed the team scoring totalling 134 points placing third team behind City of Edinburgh (80) and Lothian RC (130). The under 17 men placed fourth team, second to Aberdeen over the season led by Angus McLachlan, St Andrews in 12th. The under 15's finished second team on the day, second to City of Edinburgh overall with John Buchan, Burntisland, their first scorer in 15th. Mark Dow, Kennoway, continued his improvement to place 18th, the club's second scorer home followed closely by Craig Guzy, Kirkcaldy in 22nd. Under 15 Kirkcaldy athlete Kim Paterson placed 44th in the combined boys' and girls' race. Frankie Scott, St Andrews in 11th led home the under 13's team which placed fourth on the day but first over the season. Ironically the under 13's cup was the only age group cup not won by the club last winter. Andrew Evans maintained his superb form in the under 11's age group placing fifth backed up by Neil Gray 19th and Jamie Mackie 40th.

Results: Senior men – 1 N. Milovsorov (Metro Aberdeen) 34.16; 2 C. Meek (Lothian) 1st veteran, 34.35; 3 C. Smith (Aberdeen) 34.42; 6 Graham Bee (Fife AC) 1st junior, 35.54; 14 Adrian Davis 37.04; 16 Dave Anderson, 3rd veteran, 37.11; 31 Brian Cruickshank 38.01; 32 Tom Scott 38.09; 35 Dave Adam 38.26; 40 Bryce Aitken 38.39; 44 Chris Russell 39.01; 52 Euan Jardine 39.37; 53 Dave Weir 39.40; 62 Laurie Anderson 40.19; 72 Joe Holden 41.01. 97 Roy McLachlan 42.44; 108 Mel Scobie 43.23; 118 Gary Barker 44.26; 122 Jim Hannigan 44.38; 136 Ricky Forrester 46.14; 138 Brian Peachey 46.28; 139 Alan Meiklejohn 46.28; 144 Martin Farrally 47.06; 155 David Bee 48.12; 164 Graham Bennison 49.52; 175 David Shepherd 55.09; 176 Alastair Robertson 56.00. **Teams:** 1 City of Edinburgh 80; 2 Lothian RC 130; 3 Fife AC 134; 4 EZ Carnegie 204; 5 Aberdeen **Overall:** 1 City of Edinburgh 272; 2 Fife AC 381; 3 Lothian RC 509. **Veterans:** 1 Lothian RC 64; 2 Fife AC 88; 3 Gala 197. **Overall:** 1 Lothian RC 276; 2 Fife AC 454; 3 Gala 552. **Under 17 men:** 1 S. Forbes (Aberdeen) 17.15; 2 A. Hay (Central) 17.17; 3 J. Newsom (Pitreevie) 17.35; 12 Angus McLachlan 19.21; 15 Jamie Lamb 19.38; 25 Rory Scott 20.45; 38 Graeme Barker 22.12. **Teams:** 1 Aberdeen 12; 2 Pitreevie 14; 3 City of Edinburgh 46; 4 Fife AC 52. **Overall:** 1 Aberdeen 33; 2 Fife AC 147; 3 George Harlots CCC 169. **Under 15 boys:** 1 S. Desport (Harmeny) 10.42; 2 P. Shinnie (Aberdeen) 10.58; 3 S. Rusling (Aberdeen) 11.15; 15

John Buchan 12.17; 18 Mark Dow 12.31; 22 Craig Guzy 12.54; 44 Kim Paterson 16.26. **Teams:** 1 City of Edinburgh 29; 2 Fife AC 44; 3 Lothian 48. **Overall:** 1 City of Edinburgh 85; 2 Fife AC 139; 3 Lothian 169. **Under 13 boys:** 1 A. Thoires (Aberdeen) 5.54; 2 M. Edwards (Aberdeen) 6.02; 3 M. Haskett (Aberdeen) 6.05; 11 Frankie Scott 6.35; 15 Duncan McLachlan 6.42; 21 Michael O'Neill 6.53; 32 Connor Hill 7.12. **Teams:** 1 Aberdeen AAC 6; 2 Montrose and District 25; 3 Central AC 42; 4 Fife AC 47. **Overall:** 1 Fife AC 126; 2 City of Edinburgh 140; 3 Aberdeen 217. **Under 11 boys:** 1 M. Gillespie (Central) 5.00; 2 S. Devenny (City of Edinburgh) 5.09; 3 G. Plenderleith (Falkirk Vic) 5.11; 5 Andrew Evans 5.16; 19 Neil Gray 5.48; 40 Jamie Mackie 6.32. **Teams:** 1 Falkirk Victoria; 2 City of Edinburgh 30 3 Linlithgow 42; 5 Fife AC 64. **Overall:** 1 Falkirk Vic 69; 2 City of Edinburgh 84; 3 Aberdeen 132. **Overall: Aggregate Trophy:** 1 City of Edinburgh 807; 2 Fife AC 969. **Women's Open 5km race:** 1 T. Thomson (Pitreevie) 20.02; 2 M. Smith (HBT) 20.31; 3 S. Ramage (City of Edinburgh) 1st veteran, 20.36; 10 Louise Provan 20.54; 14 Jocelyn Scott 22.27; 19 Caroline Armstrong 23.58; 20 Eliza McLachlan 24.18.

Fife AC Cross Country Championship, Kemback

Scottish under 20 hill internationalist Graham Bee, Kirkcaldy, took the Fife AC Championship Trophy at Kemback where 57 runners contested the club cross country championships. Bee forged ahead half-way round the hilly course chased by guest runner Neil Gunstone (Dundee Hawkhill) to complete the 4.5 mile route in 23 minutes 30 seconds, 50 seconds clear of Gunstone at the finish. Dave Adam, Leuchars, placed third (24.31) with Brian Cruickshank fourth (24.41) while Scottish over 50 veteran champion Tom Scott came home in fifth (25.21). Louise Provan, Gaudry, continued her recent good form to win the women's trophy placing 16th overall (28.59) followed by Louise Burt 21st (30.34) and Jocelyn Scott 23rd (30.58). Kirkcaldy athletes were to the fore in the youngsters' races with John Buchan the under 15 boys winner over a hilly 1.5 mile course and Elliott Simpson the under 13's winner. Andrew Evans, St Andrews, one of the club's top performers in league competition this winter, ran away with the under 11 title clocking five minutes 35 seconds over the one mile course while Jenny Tan, St Andrews was equally impressive timed at six minutes six seconds taking the under 11's girls' title.

Results: Senior 4.5 mile – 1 Graham Bee 23.30; 2 Neil Gunstone (Dundee Hawkhill) 24.20; 3 Dave Adam 24.31; 4 Brian Cruickshank 24.41; 5 Tom Scott, 1st over 50, 25.21; 6 Bryce Aitken, 1st veteran, 25.46; 7 Laurie Anderson, 2nd veteran, 26.24; 8 Angus McLachlan, 1st under 17, 27.07; 9 Jim Hannigan, 3rd veteran, 27.10; 10 Graeme Noble, 2nd under 17, 27.29; 11 Neil Young 27.37; 12 Jamie Lamb, 3rd under 17, 28.04; 13 Mel Scobie, 2nd over 50, 28.08; 14 Jim Rough, 3rd over 50, 28.14; 15 Stuart Knowles 28.16; 16 Louise Provan 28.59; 17 Gary Barker 29.10; 18 Rory Scott, 4th under 17, 29.34; 19 Brian Landels 29.54; 20 Graeme Barker, 5th under 17, 29.59; 21 Louise Burt 30.34; 22 Brian Peachey 30.54; 23 Jocelyn Scott 30.58; 24 Kenneth McLeod (Dundee Road Runners) 31.21; 25 Chris Clark 31.31; 26 David Shepherd 32.33; 27 Margaret McLaren, 3rd veteran; 28 Alan Gibson (Anster Haddies) 32.55; 29 Kim Macgregor 33.23; 30 Bob Thornton (Dundee Hawkhill) 33.29; 31 Miriam Rennet (Dundee Road Runners) 33.31; 32 Graham Bennison 33.57; 33 Caroline Armstrong 34.10; 34 Phyllis Dickson 34.50; 35 Eliza McLachlan 35.13; 36 Margaret Robertson (Dundee Road Runners) 35.59; 37 Alastair Robertson 36.59; 38 Andrew Wood (Unatt) 38.59; 39 Dave Ellison 42.47. **1.5 miles: Under 15 Boys** - 1 John Buchan 8.24; 2 Craig Guzy 8.35. **Under 15 Girls** - 1 Carolyn

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Legge 10.49. **Under 13 Boys** - 1 Elliott Simpson 8.28; 2 Frankie Scott 8.36; 3 Duncan McLachlan 9.26; 4 Michael Fedo 9.41; **Under 13 Girls** - 1 Jennifer Kibble 10.49; 2 Charis Bredin 11.04. **One mile: Under 11 Boys** - 1 Andrew Evans 5.35; 2 Neil Gray 6.26; 3 Ewan Gray 7.12; 4 David Rodigan 7.35; 5 Jack Cutland 8.44. **Under 11 Girls** - 1 Jenny Tan 6.06; 2 Charis Horn 8.25; 3 Katy Tan.

East of Scotland Cross Country Championships, Livingston

Fife AC returned from the East of Scotland Cross-Country Championships at Livingston with three individual and three sets of team medals. A depleted senior squad rose gallantly to the occasion in the men's 10km race led by Scottish junior hill internationalist Graham Bee, Kirkcaldy, who placed 12th (32.37) winning the under 20 title. Over 40 veteran Dave Anderson, Milnathort, followed in 16th (32.58) before Chris Russell placed 34th (33.53). Euan Jardine finished 37th (34.00) taking the under 20 bronze medal while in 44th Tom Scott (34.17) won the over 50 veteran gold. Brian Cruickshank, rounded off the team scoring in 49th (34.39) to claim team bronze totalling 192 points behind City of Edinburgh (100) and Metro Aberdeen (188). Swiss exchange student Pascal Uffer, Kennoway, led the under 17 squad to team bronze placing 15th in the 6km race timed at 21 minutes 57 seconds, St Andrews athletes Rory Scott and Angus McLachlan battled their way through the field to place 17th and 18th respectively totalling 50 points behind Aberdeen (12) and City of Edinburgh (41). The club fielded only single representatives in the under 15 age group - John Buchan, Burntisland had one of his best runs of the season to place seventh clocking 14 minutes 22 seconds over the 4km course while Kim Paterson, Kirkcaldy, showed improved form in the girls' event placing 14th (17.46). The club's best team result came in the under 13 boys championship where an all St Andrews line-up of Frankie Scott 10th, Duncan McLachlan 11th and Andrew Evans 12th packed in well with only five seconds separating them claiming team silver (33 points) behind Aberdeen (9) and just one point ahead of third placed Montrose and District. Michael O'Neill, Kirkcaldy, was unlucky to finish just out of the scoring in 16th. The senior women placed sixth team led home by St Andrews athlete Louise Burt 15th backed up by Louise Proven 18th and Jocelyn Scott 31st.

Results: Senior men's 10km - 1 P. Mowbray (Hunters Bog Trotters) 30.53; 2 G. Crossan (Dundee Hawkhill) 31.08; 3 C. Meek (Lothian RC) 1st veteran, 31.27; 4 N. Milovsorov (Metro Aberdeen) 31.50; 5 A. Anthony (Central) 31.58; 6 M. Bell (City of Edinburgh) 32.03; 12 Graham Bee, 1st junior, 32.37; 16 Dave Anderson, 4th veteran, 32.58; 34 Chris Russell 33.53; 37 Euan Jardine; 3rd junior, 34.00; 44 Tom Scott, 1st over 50, 34.17; 49 Brian Cruickshank 34.39; 65 Ian Overton 35.42; 67 Bryce Aitken 35.49; 80 Laurie Anderson 36.45; 116 Mel Scobie 38.27; 128 Gary Barker 39.06; 141 Frank McLaren 39.47; 174 Jim Meek 41.52; 192 David Bee 43.31; 199 Graham Benison 44.26; 206 David Shepherd 46.00; 211 Alastair Robertson 51.58. **Teams** - 1 City of Edinburgh 100; 2 Metro Aberdeen 188; 3 Fife AC 192; **Senior women 6km** - 1 G. Palmer (Edinburgh University) 21.00; 2 C. Miller (Aberdeen) 21.28; 3 T. McIntosh (Edinburgh University) 21.53; 15 Louise Burt 24.13; 18 Louise Proven 24.28; 31 Jocelyn Scott 25.33; 33 Angela Morrison 25.59; 34 Margaret McLaren 26.17; 49 Eliza McLachlan 29.02. **Under 17 men 5km** - 1 A. Wales (Aberdeen) 19.27; 2 K. Berry (Corstorphine) 19.31; 3 A. Hay (Central) 19.32; 15 Pascal Uffer 21.57; 17 Rory Scott 22.36; 18 Angus McLachlan 22.47; 23 Graeme Barker 23.26. **Teams** - 1 Aberdeen AAC 12; 2 City of Edinburgh 41; 3 Fife AC 50. **Under 15 boys 4km** - 1 S. Desport (Harmeny) 13.28; 2

J. Thomson (City of Edinburgh) 13.44; 3 K. Gauson (City of Edinburgh) 14.03; 7 John Buchan 14.22. **Under 15 girls 4km** - 1 E. Renouff (Pitreavie) 15.01; 2 A. Toner (Lothian) 15.35; 3 N. Kidd (Ellon) 16.02; 14 Kim Paterson 17.46. **Under 13 boys 3km** - 1 A. Thoirs (Aberdeen) 10.33; 2 M. Gillespie (Central) 10.39; 3 M. Edwards (Aberdeen) 10.44; 10 Frankie Scott 11.46; 11 Duncan McLachlan 11.49; 12 Andrew Evans 11.51; 16 Michael O'Neill 12.07. **Teams** - 1 Aberdeen 9; 2 Fife AC 33; 3 Montrose and District 34.

Scottish 4K Cross Country Championships, Glasgow

European junior team gold medallist Andrew Lemoncello returned to competition following a winter break by taking on Scotland's top seniors at the Scottish 4km Cross Country Championships at Bellahouston Park, Glasgow. Lemoncello placed ninth overall third junior, clocking 12 minutes 46 seconds over the muddy course with winner Phil Mowbray (Hunters Bog Trotters) in outstanding form timed at a superb 12 minutes 01 seconds.

Results: 1 P. Mowbray (HBT) 12.01; 2 D. Naylor (HBT) 12.13; 3 J. McCallum (Croydon) 12.24; 4 C. Watson (Victoria Park) 1st junior; 5 T. Murray (Inverclyde) 1st veteran; 6 D. Watson (Victoria Park) 2nd junior. 12.34; 7 S. Cairns (HBT) 12.41; 8 A. Brown (Cambridge University) 12.43; 9 Andrew Lemoncello (Fife AC) 3rd junior, 12.46; 10 M. Bell (City of Edinburgh) 12.50; 61 Simon Haworth 14.45. Eighty three finished.

Celtic Nations Cross Country International, Dublin

Kirkcaldy under 20 athlete Graham Bee represented Scotland at the Celtic Nations Cross Country at the Alsa Sports Ground, Dublin. The previous weekend Graham won the East of Scotland under 20 cross-country title and this trip was his first representative honour over the country to add to his international appearances in hill races. Graham finished fifth, Scotland's first runner home clocking 26 minutes 10 seconds over the 7km course with Martin Fagan (Ireland) the winner in 25 minutes 01 seconds.

Results: 1 M. Fagan (Ireland) 25.01; 2 E. McGinley (N. Ireland) 25.13; 3 P. Kellie (Wales) 25.35; 5 Graham Bee 26.10; 7 Ian MacCorquodale (N. Uist) 26.21.

Fife AC Nightmare Series, Pitmedden Forest, Auchtermuchty

It was a busy week for newly qualified Fife AC veteran over 40 Dave Anderson, Milnathort, who scored two wins in less than 24 hours as well as helping the club to third place in the Devil's Burdens Hill relay. Anderson maintained his unbeaten record in the winter Nightmare series winning the Pitmedden Forest race. Anderson clocked 25 minutes 49 seconds over the 4.5 mile course where the runners encountered a number of fallen trees and deep water in some sections. Glenrothes athlete Chris Russell followed home in second with Adrian Davis, Ladybank, third. Former Scottish women's cross-country champion Fiona Lothian placed eighth overall, first woman timed at 29 minutes 33 seconds with Jocelyn Scott second woman in 17th overall.

Results: 1 Dave Anderson, 1st veteran, 25.49; 2 Chris Russell 26.09; 3 Adrian Davis 26.20; 4 N. Martin (Lomond HR) 27.14; 5 Brian Cruickshank 27.22; 6 J. Hargreaves (Unatt) let junior, 28.01; 7 Laurie Anderson, 2nd veteran, 28.29; 8 Fiona Lothian 29.33; 9 Joe Holden, 1st over 50, 30.47; 10. G. Pryde (Lomond HR) 3rd veteran, 30.56; 11 Jim Hannigan 31.15; 12 Graeme Barker 31.47; 13 Jim Meek 32.11; 14 Chris Fox 32.22; 15 Tom Ross 33.08; 16 Alan Meiklejohn 34.15; 17

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Jocelyn Scott 34.43; 18 N. Jenkins (USA) 39.18; 19 Graham Bennison 39.35; 20 B. Thornton (Dundee Hawkhill) 41.50.

FEBRUARY 2002

Grangemouth Round the Houses 10K

There was a massive field of 690 finishers at the Grangemouth Round the Houses 10km road race where veteran Dave Anderson, Milnathort, was the first Fife AC runner home in 33rd timed at 34 minutes 06 seconds.

RESULTS - 1 G Stewart (Mizuno) 30.43; 2 C Robison (Inverclyde) 31.09; 3 A Adams (Clydesdale) 31.09; 33 David Anderson 34.06; 50 Brian Cruickshank 35.03; 54 Bryce Aitken 35.08; 87 Fiona Lothian 36.11; 88 Paul Parkinson 36.19; 102 Ron Mill 37.02; 172 Jim Hannigan 39.13; 185 Mel Scobie 39.42 Only results available.

Devil's Burdens Relay Race, Lomond Hills, Fife

A record 43 teams of six runners lined up for the Devil's Burdens four-stage relay from Falkland with the first and third stages run in pairs. Brian Cruickshank and Tom Scott contested the opening stage over the East Lomond to Holl Reservoir placing fifth, a position maintained by Chris Russell over the Bishop Hill to Scotlandwell and over the tough third West Lomond section by Dave Anderson and Adrian Davis. Scottish junior hill internationalist Graham Bee, Kirkcaldy, brought Fife through into third over the final section through the Lomond foothills overhauling Cosmic Hill Bashers and Lothian RC. The Fife team totalled two hours 28 minutes 50 seconds behind winner Carnethy HR (2:27.38) and runners-up Shettleston (2:28.40). Fife veterans placed ninth, first veteran team while the women's squad (Eliza McLachlan/Caroline Armstrong, Jocelyn Scott, Louise Proven/Louise Burt and Margaret McLaren) finished a fine 25th behind a Carnethy team packed full of internationalists. The Fife junior team (Rory Scott/Angus McLachlan, Craig Guzy/John Buchan, Graeme Barker/Graham Noble and Jamie Lamb) excelled to place 20th taking the junior award. Ten Fife AC teams completed the race.

RESULTS: 1 Carnethy HR 2:27.38; 2 Shettleston 2:28.40; 3 Fife AC 2:28.50; 4 Cosmic Hill Bashers 2:30.00; 5 Lothian RC 2:32.52; 6 Westerlands 2:40.28; 7 Carnethy B 2:46.05; 8 Ochil HR 2:27.47; 9 Fife AC Veterans 2:48.25; 10 Fife B. 2:51.44; 11 Westerlands B 2:51.44; 12 Dundee Hawkhill 2:55.05; 13 Lomond HR 2:55.37; 14 Ochil Veterans 2:56.00; 15 Pitreavie 2:59.17; 17 Carnethy Ladies 3:03.22; 20 Fife Juniors 3:10.50; 22 Fife C 3:14.20; 24 Fife Mixed 3:19.50; 25 Fife Ladies 3:22.11; 27 Cosmic HB Ladies 3:27.02; 29 Fife D 3:27.53; 38 Fife F 3:42.36; 41 Fife E 3:55.12

Carnethy Hill Race / Scald Law Hill Race, Penicuik

The club ran a coach to the Carnethy Hill Race at Silverburn where the young athletes maintained their domination of the junior event -The Scald Law Race. Cupar's Scott Pryde ran out a clear winner over the three mile (900 ft) course timed at 24 minutes 39 seconds, 41 seconds clear of Graeme Wright (HBT) in second. Graeme Barker followed home in third with Duncan McLachlan, St Andrews, fourth. Under 11 athlete Andrew Evans, St Andrews, excelled to place fifth in the boys' race ahead of older opposition. Fiona Muir, Newburgh, won the girls award timed at 30 minutes 58 seconds with Kirkcaldy runner Kim Paterson third (41:28) - her first attempt at a hill race. Three hundred and fifty runners contested the senior race won by Bingley's Rob Jebb in 48 minutes. Kirkcaldy's Alex McGuire was Fife's first runner in 56th (60.44) just ahead of Laurie Anderson, 58th. Louise Proven, Gaudry, placed 128th, fifth woman in 66 minutes 57 seconds.

Results: Carnethy Hill Race - 1 R. Jebb (Bingley) 48.00; 2 R.

Hope (Pudsey and Bramley) 49.13; 3 D. Whitehead (Cosmic Hill Bashers) 50.00; 4 P. Davies (Borrowdale) 50.05; 5 J. Davies (Borrowdale) 51.18; 6 O. Devine (Pudsey and Bramley) 51.25; 56 Alec McGuire 60.44; 58 Laurie Andersen 60.52; 66 Tom Scott, 3rd over 50, 61.58; 78 Ian Overton 62.55; 107 Tom Ross 65.24; 125 Joe Holden 66.44; 128 Louise Provan 66.57; 139 Stuart Knowles 67.37; 141 Roy McLachlan 67.53; 158 Gary Barker 69.02; 164 Jim Meek 69.31; 176 Jocelyn Scott 70.46. Only results available.

Scald Law Junior Race - 1 Scott Pryde (Fife AC) 24.39; 2 G. Wright (HBT) 25.20; 3 Graeme Barker (Fife AC) 27.18; 4 Duncan McLachlan 30.33; 5 Andrew Evans 31.49. **Girls** - 1 Fiona Muir (Fife AC) 30.58; 2 M. Aitken (Perth Straththay Harriers) 35.48; 3 Kim Paterson (Fife AC) 41.28.

Scottish Schools Indoor Track and Field Championship, Kelvin Hall, Glasgow

Fife AC athletes Chris Baily, Nicola Thomson and Jude Beimers were in top form at the Scottish Schools Indoor Track and Field Championship at Glasgow's Kelvin Hall. Chris won a full set of medals in the under 16 boys age-group winning the long jump (5.97m), second in the 200m clocking a personal best of 24.3 seconds as well as taking bronze in the shot putt with a personal best of 12.27m. Nicola won gold in the over 16 girls high jump clearing a personal best of 1.60m. Jude placed second in the under 16 boys high jump in a personal best 1.60m and placed fifth in his semi-final of the 200m.

Scottish U17 / U20 Indoor Championships, Kelvin Hall, Glasgow

Fife AC track and field athlete Chris Baily, Glenrothes, excelled at the Scottish Under 17/Under 20 Indoor Championships at Glasgow's Kelvin Hall. He won both silver and a bronze medal. Chris reached out to a personal best of 6.08 metres in the long jump beaten only by Irish athlete Peter Corrigan's 6.22m. In the 60m final Chris placed third registering another personal best - 7.29 seconds. Kenneth Mowbray placed fifth in the long jump with 5.67m while in the under 17 women's event Nicola Thomson finished ninth (4.66m). Nicola's best result came in the high jump where she placed sixth with a 1.55m clearance. In the under 20 men's 400m final Kirkcaldy athlete Paul Parkinson placed fourth clocking 53.41 seconds.

Inter-Counties Cross Country Championships, Nottingham

Fife AC under 20 internationalist Graham Bee, Kirkcaldy, represented Scotland East at the Reebok Inter-Counties Cross Country Championships in Nottingham placing 39th out of the field of 200 runners. Bee clocked 28 minutes dead over the under 20 km course won by Mohamed Farah (Middlesex) in a runaway 28 minutes 13 seconds. Reigning Scottish Womens Cross Country champion Ellen Leggate, not back to full fitness which saw her place fifth last year, finished 68th in the women's 8km championships timed at 31 minutes 18 seconds.

Fife AC Nightmare Series, Ladybank Woods

The fifth and final Nightmare race of the winter took place over a 4.5 mile course in Ladybank Woods. Dave Anderson, winner of the previous four events, lost his hundred per cent record beaten by Glenrothes athlete Chris Russell (26.24). Anderson clocked 26 minutes 37 seconds with Brian Cruickshank in third (27.03). Jocelyn Scott placed 15th overall, first woman, timed at 32 minutes 54 seconds. Anderson and Scott won the men's and women's overall points titles respectively.

Results: 1 Chris Russell 26.24, 2 Dave Anderson 1st veteran 26.37, 3 Brian Cruickshank 27.03, 4 N. Munro (Unatt) 28.28, 5 J. Hargreaves (Unatt) 1st junior 28.32, 6 Laurie Anderson

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28.33, 7 Joe Holden 28.33, 8 Tom Ross 30.05, 9 Gary Barker 30.32, 10 G. Pryde (Lomond HR) 30.38, 11 Graeme Barker 31.03, 12 Jim Meek 31.11, 13 Chris Fox 32.18, 14 Alan Graham (Lomond HR) 32.45, 15 Jocelyn Scott 32.54, 16 P. Mallett (Lomond HR) 33.30, 17 Alan Meiklejohn 33.40, 18 Louise Provan 35.10, 19 R. Thornton (Dund.Hawks) 36.27, 20 Alastair Graham (Lomond HR) 37.45, 21 P. Reglinski (Lomond HR) 37.60, 22 N. Jenkins (Unatt) 41.49.

Overall final points: 1 Anderson 144, 2 Russell 140, 3 Cruickshank 133, 4 Hargreaves 130, 5 Anderson 120. **Women:** 1 Jocelyn Scott 80, 2 Louise Provan 45, 3 Fiona Lothian 22.

Scottish National Cross Country Championships, Falkirk

Fife AC returned from the Scottish National Cross Country Championships at Falkirk with one gold and one bronze individual medal. Andrew Lemoncello completed his last winter as a junior taking the Scottish under 20 title having placed second last year. Lemoncello was always in control over the 8km Callander Park course content to hold a 10 metres advantage over closest rival Scott Campbell (Edinburgh University) having dropped 2001 champion Derek Watson (Victoria Park) at the end of the first lap. The Ceres runner waited until the final 100 metres as Campbell made an effort to close the gap effortlessly sprinting home to clock 26 minutes 53 seconds, three seconds clear. Graham Bee, Kirkcaldy, placed a fine sixth timed at 28 minutes 42 seconds. The club's second medal came in the women's 8km race where former champion Fiona Lothian, Baldinnie, now an over 35 veteran, placed third in 30 minutes 54 seconds with winner Gillian Palmer (Edinburgh University) clocking 30 minutes 07 seconds. Backed up by Louise Proven, Gaudry, 22nd and Jocelyn Scott, by Dairsie, 41st the club achieved their best team placing of the day - fourth with 66 points, 12 points down on bronze medallists City of Edinburgh. Second year senior Owen Greene, St Andrews, excelled to place seventh in the senior 12km championship where 423 finishers completed the muddy course led home by Glen Stewart (Mizuno RC) in 39 minutes 23 seconds. Over the first of three laps Greene contested the lead with Stewart, plus four times winner Bobby Quinn (Kilbarchan) and reigning champion Chris Robison (Inverclyde). Robison was just one of the top athletes dropped by Greene over the second lap with the third and final lap seeing the position of the seven leading athletes unchanged to the finish. Kirkcaldy's Paul Gallacher made a fine debut for the team, the second club runner home in 41st followed by veteran Dave Anderson, Milnathort, 58th. Scottish over 50 champion Tom Scott, by Dairsie, excelled to place 98th chased by Chris Russell, Glenrothes, 101st. Brian Cruickshank, Glenrothes, closed in the team scoring at 124th as the men's team placed a commendable sixth.

Broughty Ferry member Doug Gunstone, in his heyday one of Scotland's top distance runners, duly completed his 34th consecutive National - an achievement which surely cannot be matched?

The under 17 men placed sixth team led home by Jamie Lamb, Cupar 31st and Graeme Barker, Kirkcaldy 39th. Rory Scott placed 43rd while Angus McLachlan maintained his effort to the finish in 47th despite feeling unwell. The under 15's were represented by John Buchan, Burntisland, who placed a fine 15th clocking 15 minutes 29 seconds over the 4km course. Elliott Simpson 17th, Michael O'Neill 28th, Duncan McLachlan 38th and Andrew Evans 40th scored for the under 13 team gaining fifth team place.

The only down side to the day was the lack of team medals, the first time in years that Fife have returned from the National without team gold, silver or bronze. It was particularly disappointing for the three under 20 runners to be minus a fourth team scorer as the club have dominated this age group for the past 10 years.

Results: Senior men 12km - 1 G. Stewart (Mizuno RC)

39.23; 2 R. Quinn (Kilbarchan) 39.49; 3D. Naylor (HBT) 40.04; 4 D. Rodgers (Cambuslang) 40.14; 6 S. Cairns (HBT) 40.18; 6 T. Murray (Inverclyde) 40.35; 7 Owen Greene (Fife AC) 40.51; 8 G. Wight (Shettleston) 41.07; 9 C. Robison (Inverclyde) 41.07. 10 F. McGowan (Shettleston) 41.12; 41 Paul Gallacher 43.35; 58 Dave Anderson 44.39; 98 Tom Scott 46.10; 101 Chris Russell 46.15; 124 Brian Cruickshank 47.19; 145 Bryce Aitken 48.09; 156 Neil Young 48.43; 159 Ian Overton 48.51; 165 Laurie Anderson 48.57; 249 Gary Barker 52.29; 261 Frank McLaren 52.45; 299 Roy McLachlan 54.39; 321 Andy Barker 56.06; 338 Alan Meiklejohn 56.42; 356 Doug Gunstone 57.46; 364 Martin Farrally 58.14; 375 David Bee 59.24; 383 Chris Clark 59.59; 409 David Shepherd 68.46; 418 Alastair Robertson 72.26.

Teams - 1 Shettleston 103, 2 Ron Hill Cambuslang 109, 3 Hunters Bog Trotters 260, 4 Kilbarchan 375, 5 City of Edinburgh 415, 6 Fife AC 429, 7 Inverclyde 433, 8 Dundee Hawkhill 510, 9 Metro Aberdeen 570, 10 Irvine AC 593.

Senior women's 8km - 1 G. Palmer (Edinburgh University) 30.07; 2 A. Higgins (JW Kilmarnock) 30.37; 3 Fiona Lothian (Fife AC) 30.54; 22 Lousie Provan 34.58; 41 Jocelyn Scott 36.49; 49 Margaret McLaren 37.49; 77 Caroline Armstrong 40.35; 78 Kim Macgregor 40.41; 79 Eliza McLachlan 41.11.

Teams - 1 Shettleston Ladies 32, 2 City of Glasgow 37, 3 City of Edinburgh 54, 4 Fife AC 66.

Under 17 men's 6km - 1 A. Wales (Aberdeen) 21.30, 2 D. Malin (Giffnock North) 21.50, 3 W. Docherty (Kilbarchan) 21.53, 31 Jamie Lamb 24.31, 39 Graeme Barker 25.54, 43 Rory Scott 26.37, 47 Angus McLachlan 27.48.

Teams - 1 Aberdeen AAC 44, 2 Greenock Glenpark 46, 3 Giffnock North 72,4 Shettleston 100, 5 RH Cambuslang 109, 6 Fife AC 160.

Under 15 boys' 4km - 1 I. Lafferty (RH Cambuslang) 14.09; 2 H. Toole (Kilbarchan) 14.13; 3 S. Desport (Harmeny) 14.13; 15 John Buchan 15.29; 66 Mark Dow 17.32.

Teams - 1 Ron Hill Cambuslang 41,2 Kilbarchan 49, 3 Giffnock North 68.

Under 13 boys' 3km - 1 A. Thoires (Aberdeen) 11.47; 2 M. Gillespie (Central) 11.57; 3 D. Hawkins Kilbarchan) 12.05; 17 Elliott Simpson 12.49; 28 Michael O'Neill 13.17; 38 Duncan McLachlan 13.31; 40 Andrew Evans 13.37; 65 Frankie Scott 14.43.

Teams - 1 Kilbarchan 38, 2 Aberdeen AAC 46, 3 Montrose and District 90, 4 Central AC 111, 5 Fife AC 123.

MARCH 2002

Cupar 5 Mile Road Race

John Cunningham led home the Fife AC team at the Cupar five mile road race contested by 160 runners. Cunningham placed fifth timed at 26 minutes 01 second with Irish athlete Gary Crossan (DundeeHawkhill) the winner in 25 minutes 33 seconds. Graham Bee took the juniors award placing eighth while Dave Anderson completed the Fife team scoring in 12th totalling 25 points behind Dundee Hawkhill's 18. Bryce Aitken excelled to place 25th, fourth veteran, timed at 27 minutes 52 seconds. Former World Hill Champion Angela Mudge (Carnethy) placed 17th overall, first woman completing her preparations prior to representing Great Britain at the World Cross-Country Championships. For Fife, Addy Gerrard placed 54th overall, fifth woman (30.07) and with Margaret McLaren 111th (34.22) and Kim Macgregor 129th (86.02), Fife took the women's team award.

RESULTS: 1 G. Crossan (Dund.Hawks) 25.33, 2 S. Bisset (Corstorphine) 25.39, 3 N. Gunstone (Dund.Hawks) 25.44, 4 D. Beagley (Mizuno) 26.00, 5 John Cunningham (Fife AC) 26.01, 6 D. Knight (Perth SH) 26.04, 7 D. Ross (Mizuno) 26.09, 8 Graham Bee 1st junior 26.14, 9 N. Cunningham (Pitreavie) 26.18, 10 F. Harper (Carnegie) 1st veteran 26.85, 11 R. Russell (Central) 2nd junior 26.46, 12 Dave Anderson (Fife AC) 2nd veteran 26.46, 13 S. Moore (Falkirk Vic) 26.51,

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14 M. Strachan (Dund.Hawks) 26.55, 15 K. Rankin (Falkirk Vic) 3rd veteran 26.57, 17 Angela Mudge (Carnethy) 27.04, 21 Brian Cruickshank 27.16, 28 Neil Young 27.34, 26 Bryce Aitken 27.52, 26 Dusty Spates 27.57, 27 Ian Overton 28.02, 31 Dave Adam 28.35, 43 Ronnie Mill 29.24, 47 Steff Quinn 29.40, 54 Addy Gerrard 30.07, 59 John Buchan 30.20, 61 Mike Mitchell 30.33, 66 Graeme Barker 31.00, 68 Frank McLaren 31.19, 70 Gary Barker 31.34, 71 Andy Barker 31.35, 81 Roy McLachlan 32.11, 86 David Bee 32.28, 94 Doug Gunstone 33.13, 97 Alan Meiklejohn 33.31, 111 Margaret McLaren 34.22, 113 Chris Clark 84.32, 118 Alf Tupper 34.47, 121 David Shepherd 35.18, 129 Kim Macgregor 86.02, 135 Phyllia Lemoncello 37.09, 136 John Keenlyside 37.29, 142 John McNally 38.17, 145 Caroline Legge 88.52, 148 Sandra Aitken 39.05. **Teams:** 1 Dundee Hawkhill H. 18, 2 Fife AC 25, 3. Falkirk Vics 48. **Women:** 1 Fife AC 20

Alloa Half Marathon

One thousand runners contested the Alloa half marathon with Fife AC gaining two top 10 placings. Dysart athlete John Cunningham placed sixth in 73 minutes 55 seconds while St Andrews' Terry Mitchell made his return to competition in eighth (74.35), second veteran. Kirkcaldy veteran, Bryce Aitken, ran well to place 20th (77.52). Carnegie Harriers won the team title with 28 points with Fife second (34).

Scottish Veteran Road Relay Championships, Torrence

Fife AC returned from the Scottish Veteran Road Relay Championships at Torrence with team bronze medals. After a barren few years at this event the six man team relived some of the glory days of the early 90's when the club dominated this championship. Milnathort runner Dave Anderson gave the club a fine start over the opening leg of the six stage event finishing the five mile hilly circuit in 28 minutes 03 seconds in second place just 16 seconds down on Graham Crawford (Springburn) who posted the fastest time of the race - 27 minutes 47 seconds. Over 50 veteran Tom Scott brought Fife into the lead over stage two (29.10) but was closed down by title holders Cambuslang who had come through from sixth at the end of stage one. Kirkcaldy runner Bryce Aitken (29.38) had to give way to Cambuslang at the halfway point of the race with Dundee member Hugh McKay (29.13) making a superb return to competition holding Fife in second over stage four. John Murdoch, Kirkcaldy, (30.54) completed the fifth stage in third as Metro Aberdeen's Keith Varney clocked the stage's fastest time of 28 minutes 25 seconds coming through into second. Kinghorn athlete Ronnie Mill (31.28) was untroubled over the final stage as Fife held third totalling two hours 58 minutes 26 seconds. The B team excelled to place seventh in three hours 16 minutes 22 seconds with Glenrothes member Jim Hannigan recording a fast 31 minutes 02 seconds over the opening stage.

RESULTS: 1 Ron Hill Cambuslang 2:52.27; 2 Metro Aberdeen 2:55.44; 3 Fife AC (Anderson 28.03, Scott 29.10, Aitken 29.38, McKay 29.13, Murdoch 30.54, Mill 31.28) 2:58.26; 4 Falkirk Victoria H 3:02.49; 5 RH Cambuslang B 3:03.02; 6 Irvine AC 3:03.14; 7 Fife B (Jim Hannigan 31.02, Joe Holden 31.09, Gary Barker 33.26, Mel Scobie 32.43, Andy Barker 34.28, Roy McLachlan 33.34) 3:16.22; 17 Fife C (Dave Bee 35.28, Margaret McLaren 36.54, Alan Meiklejohn 35.11, Doug Gunstone 34.21, Caroline Armstrong 38.41, Eliza McLachlan 39.38) 3:40.13. Composite team: Dave Francis 36.07, Frank McLaren 33.03, Alastair Robertson 40.52.

Inverness Half Marathon

Eight hundred and two runners completed the Inverness half

marathon where Phyllis Lemoncello clocked one hour 44 minutes taking the women's over 50 award.

Bishophill Race, Scotlandwell

Graham Bee clocked 19 minutes 03 seconds to win over the 2.5 mile (1000ft) course 19 seconds clear of second placed Andy Kitchin (Lothian RC). Over 50 veteran Tom Scott placed 10th (21.37) and with John Buchan, Burntisland 15th (22.30) Fife won the team race totalling 26 points. Under 15 Newburgh athlete Fiona Muir placed 31st overall, third female timed at 28 minutes 31 seconds.

RESULTS: 1 Graham Bee (Fife AC) 1st junior 19.03, 2 A. Kitchin (Lothian) 19.22, 3 B. Marshall (Haddington ELP) 19.25, 5 = N. Martin (Lomond HR) and B. Smith (Standard Life) 20.15, 6 A. Smith (Deeside) 1st veteran 20.16, 7 M. Higginbottom (Carnethy HR) 20.18, 8 G. Wright (HBT) 2nd junior 21.31, 9 C. Glencorse (Strathearn) 21.34, 10 Tom Scott 1st over 60 21.37, 15 John Buchan 22.30, 16 Jamie Lamb 22.47, 18 Roy McLachlan 23.27, 20 Stuart Knowles 28.48, 21 Graeme Barker 24.15, 23 Alan Meiklejohn 25.16, 26 Gary Barker 26.07, 28 Duncan McLachlan 26.28, 31 Fiona Muir 28.31, 35 Dave Francis 80.00, 36 Jennifer Kibble 30.06.

AAA Junior Indoor Athletics Championships, Birmingham

Three club junior athletes returned home last week from Birmingham having gained valuable experience amongst the UK's top athletes at the AAA Junior Indoor Athletics Championships at the National Indoor Arena. Under 17 athlete Chris Baily placed 10th in the long jump close to his personal best with a leap of 5.96m while Kenneth Mowbray finished 19th amongst the elite field reaching out to 5.38m. Nicola Thomson placed seventh equal in the under 17 high jump clearing 1.55m.

Scottish Schools Cross Country Championships, Irvine

Junior internationalist Graham Bee placed fourth representing Balwearie High at the Scottish Schools Cross Country Championships at Irvine timed at 19 minutes 32 seconds over the six kilometre course. Winner Darren Malin clocked 18 minutes 56 seconds. Elliott Simpson (Balwearie) had one of his best races of the winter placing sixth in the under 14 boys three kilometre championship timed at 10 minutes 58 seconds only 26 seconds down on winner D. Hawkins (Gryffe High). Kim Paterson (Balwearie) placed 14th in the girls 14-16 championship timed at 12 minutes 36 seconds over the three kilometre course.

Scottish Veterans Cross Country Championships, Glasgow

Dave Anderson, Milnathort, led home the Fife AC team at the Scottish Veterans Cross Country Championships held over a muddy 10km course at Bellahouston. Winner Tommy Murray (Inverclyde) added the Scottish title to the British title he won last November clocking 35 minutes 52 seconds while Anderson came home in 11th (38.58) followed by Tom Scott 22nd (40.07) who took the silver medal in the over 50 category. Bryce Aitken 43rd and Jim Hannigan 67th completed the Fife team scoring placing the quartet seventh totalling 153 points. Kirkcaldy runner Mel Scobie was next to finish in 79th - sixth in the over 55 section. The womens team also placed seventh led home by Jocelyn Scott 25th (sixth over 45) clocking 32 minutes 58 seconds over the eight kilometre course. Kim Macgregor followed closely in 27th (seventh over 45) with Eliza McLachlan closing in the team.scoring at 37th.

RESULTS: Men 10km. 1 T. Murray (Inverclyde) 35.52, 2 C.

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Donnelly (RH Cambuslang) 37.23, 3 R. Arbuckle (RH Cambuslang) 37.56, 4 I. Stewart (Carnegie) 38.10, 5 O. Gallhey (Greenock Glenpark) 38.19, 6 T. Anderson (Kilbarchan) 38.22, 11 Dave Anderson 38.58, 22 Tom Scott 40.07, 53 Bryce Aitken 42.49, 67 Jim Hannigan 44.15, 79 Mel Scobie 45.26, 86 Roy McLachlan 46.16, 106 Alan Meiklejohn 48.47, 117 Chris Clark 50.20, 124 Andy Barker 51.32, 143 Alastair Robertson 57.47. **Teams:** 1 Ron Hill Cambuslang 30, 2 Shettleston 70, 3 Dundee H 81, 4 Metro Aberdeen 112, 5 City of Edinburgh 119, 6 Greenock GH. 145, 7 Fife AC 153.

Women 8km. 1 F. Florence (Shettleston) 27.28, 2 T. Thomson (Pitreavie) 27.35, 3 P. Affleck (Gala) 27.43, 25 Joceyln Scott 32.58, 27 Kim Macgregor, 37 Eliza McLachlan 36.03.

Teams: 1 Gala H. 24, 2 Shettleston 27, 3 Falkirk Vic 45, 4 Giffnock North 46, 5 Pitreavie.57, 6 Garscube 72, 7 Fife AC 89.