

AUGUST 2001

McDonalds 1 Mile Race, Dunfermline

Paul Parkinson, Kirkcaldy, scored his second victory of the season at the one mile race at Pittencrieff Park, Dunfermline. The under-20 athlete won out in the final sprint for the line clocking 4 minutes 53 seconds, a time shared by former Fife AC track athlete Doug McKenzie (Tipton H.). Robert Milton (Carnegie) followed in third just two seconds adrift. Will Parkinson placed 21st overall, first over-50 (6.58).

Kirkcaldy Pageant 10K Road Race

Steve Doig won the Kirkcaldy Pageant 10K road race held over 4.5 laps of the Beveridge Park road circuit. Doig clocked 33 minutes 18 seconds well clear of Mizuno veteran Brian Kirkwood in second (34.17). Fife under 20 athlete Graham Bee had another outstanding run to place fourth clocking 35 minutes 23 seconds. Kirkcaldy members John Murdoch (36.17) and Mike Mitchell (37.52) both made the top 10 placing seventh and 10th respectively.

Kinross PTA 10K Road Race

1 M. Colligan (Mizuno) 31.34; 2 C. Meek (Lothian) 1st veteran, 31.46; 3 D. Knight (PSH) 32.32; 6 Dave Anderson 33.36; 10 Brian Cruickshank 34.50; 28 John Keenlyside 42.50.

Mill Lum Race, Kinghorn

Fife AC's John Cunningham, Dysart, headed club colleague Chris Russell, Glenrothes, at the tough Mill Lum six mile race at Kinghorn. Cunningham covered the hilly, two lap course in 34 minutes 35 seconds, 20 seconds ahead of Russell with Pitreavie veteran Jeff Farquhar in third (35.18). Kirkcaldy under 20 runner Graham Bee excelled to place sixth, first junior, clocking 36 minutes 28 seconds. British internationalist Vicky Gill, St Andrews, made it a double for the club taking the women's prize in 15th place overall (38.49) chased home by Elaine McBrinn (Shettleston) in 16th (39.01). There was a welcome return to competition for Addy Gerrard who placed third woman, 20th overall (40.41).

Results: 1 John Cunningham (Fife AC) 34.35; 2 Chris Russell (Fife AC) 34.55; 3 J. Farquhar (Pitreavie) 1st veteran, 35.18; 4 Dave Anderson (Fife AC) 35.36; 5 S. Ogg (Carnegie) 35.51; 6 Graham Bee, 1st junior, 36.28; 8 Ian Overton 36.58; 9 Tom Scott, 1st over 50, 37.29; 11 Gordon Mathieson 38.12; 12 Andrew Cassidy, 2nd veteran, 38.36; 15 Vicky Gill 38.49; 20 Addy Gerrard 40.41; 21 Laurie Anderson 40.53; 23 George Black, 1st over 60, 41.00; 24 Richard Shaw 41.16; 25 John Gilfillan 41.27; 31 Brian Peachey 43.39; 35 Jocelyn Scott 44.49; 36 Alan Meiklejohn 45.10; 39 David Bee 45.42; 42 John Keenlyside 47.25; 43 Frank Cation 47.32; 44 Scott Wilson 47.35; 47 Margaret McLaren 47.48; 51 John Leggate 48.24; 55 Mike Kuzyszyn 52.25; 56 John Cater 55.38.

Strathmiglo Straddle Race

Fife AC's William Law added to his recent run of successes winning the Strathmiglo Straddle 5.5 mile race. Dunshelt athlete, Law survived a mid-race challenge from triathlete Paul Gallacher before pulling away up the final climb of the multi-terrain course to clock 29 minutes 29, seconds with Gallacher 24 adrift. Arbroath Footers Ruaraidh Campbell came home in third (28.04) with Chris Russell Glenrothes fourth (28.24) and Adrian Davis, Ladybank, fifth (29.02). British internationalist Vicky Gill, St Andrews placed 21st (32.55) to win the womens prize with Fife club colleague Frances Meek, Cellardyke having an outstanding run to

finish 37th overall, second female (36.00). Louise Burt, St Andrews, placed 38th (36.09) to give Fife a clean sweep of the women's prizes.

Results – 1 William Law (Fife AC) 27.29; 2 P. Gallacher (Unatt) 27.43; 3 R. Campbell (Arbroath Footers) 28.04; 4 Chris Russell (Fife AC) 28.24; 5 Adrian Davis 29.02; 6 D. Knight (Perth Strathtay H) 29.29; 7 John Cunningham (Fife AC) 29.51; 8 Gordon Mathieson (Fife AC) 30.19; 9 D. Smith (Pitreavie) 30.32; 10 C Ross (Dundee Hawkhill) 1st veteran, 30.41; 11 Ian Overton 30.51; 12 Brian Cruickshank 31.01; 15 Andrew Cassidy, 2nd veteran, 31.19; 21 Vicky Gill 32.55; 22 Tom Ross, 2nd over 50, 32.57; 24 Stuart Knowles 33.05; 26 Brian Landels 33.58; 28 Gary Barker 34.46; 29 Jim Taylor 35.01; 32 Andy Barker, 2nd over 50, 35.31; 34 John Buchan, 2nd junior, 35.50; 36 Frances Meek 36.00; 38 Louise Burt 36.09; 39 Alan Meiklejohn 36.38; 40 Jocelyn Scott 37.08; 41 Dave Francis 37.57; 45 John Innes 39.23; 48 Fiona Muir 40.51; 49 Mike Kuzyszyn 41.10; 50 Frank Cation 42.02; 54 Phyllis Lemoncello 44.48; 55 Liza McLachlan 45.08.

Ceres 8 Mile Road Race

Triathlete Paul Gallacher won the 14th Ceres eight mile road race while Fiona Lothian (Fife AC) had an outstanding run to retain the womens title. From the start at Ceres village green, 1999 winner John Cunningham (Fife AC) set the early pace ahead of a group of five. It was at the 1.5 mile point at the start of one of the long climbs that Gallacher and Steve Doig (Fife AC) took up the challenge as Cunningham fell back. Gallacher, first home at this summer's Glenrothes 10km, made his effort at the top of the climb opening up a slight advantage over Doig towards the three mile point at Tuechats Toll. Through Woodside and New Gilston and back down Anstruther Road the Kirkcaldy athlete teased out a 27 second advantage to reach the finish at the green in 42 minutes 59 seconds chased home by Doig (43.26). Glenrothes athlete Chris Russell (Fife AC) came through into third (43.43) with Cunningham recovering to place fourth (45.02) ahead of Perth Road Runner Jamie Gartside (45.34). Fife AC under 20 athlete Graham Bee had his best ever run over the road to place sixth, first junior (46.29). Former Scottish women's road and cross-country champion, Fiona Lothian, Baldinnie, was in top form placing 15th overall to retain her women's title clocking 45 minutes 53 seconds. Former winner Carol Cadger (Perth Strathtay) placed 52nd in 54 minutes 43 seconds, with Jocelyn Scott (Fife AC) third woman home - 56 minutes 01 seconds.

RESULTS: 1. Paul Gallacher (Unatt) 42.59. 2. Steve Doig (Fife AC) 43.26. 3. Chris Russell (Fife AC) 44.43. 4. John Cunningham (Fife AC) 45.02. 5. Jamie Gartside (Strathearn) 45.34. 6. Graham Bee (Fife AC U20) 46.29. 7. Brian Cruickshank (Fife AC) 46.57. 8. Gordon Rennet (Dundee Hawkhill) 47.11. 9. Derek McIntosh (Perth RR) 47.13. 10. Ian Johnston (Carnegie V40) 47.21. 11. Neil Muir (Perth RR V40.) 47.23. 12. Douglas Smith (Pitreavie) 47.27. 13. Dave Stewart (Dundee RR) 47.35. 14. Martin Laing (Fife AC V40) 47.43. 15. Fiona Lothian (Fife AC) 47.53. 16. Paul Bundy (Carnegie) 47.55. 17. Richard Davidson (Dundee RR V40.) 48.15. 18. Mike Mitchell (Fife AC) 49.00. 19. Derek Phillips (Perth RR) 49.13. 20. John Hargreaves (Unatt. U15) 49.30. 21. Ken Morris (Unatt. V50) 49.32. 22. Andrew Hunter (Carnegie) 49.51. 23. Ivor Normand (Perth RR) 49.52. 24. Neil Young (Fife AC) 50.11. 25. Ronnie Mill (Fife AC V40.) 50.47. 26. Stephen Ferguson (Perth RR) 51.00. 27. Dougie Flett (Stornoway) 51.06. 28. Paul Maddock (Solway) 51.18. 29. Jeremy Tomlinson (Anster Haddies) 51.25. 30. Jake Clark 51.18. 31. Laurie Anderson (Fife AC V40.) 51.25. 32.

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John Gilfillan (Fife AC V45) 51.30. 33. Barry Davie 51.44. 34. Frank Cadger (Perth RR V45) 52.15. 35. Douglas McGarry (Carnegie) 52.18. 36. Keith Bremner (Unatt.) 52.20. 37. Mick Jacobsen (RAF Leuchars) 52.21. 38. Richard Shaw (Fife AC V40.) 51.22. 39. Stuart Morton (Dundee Hawkhill V40) 52.39. 40. Alastair Bagnall (Anster Haddies V40.) 52.44. 41. Don Lindsay (Dundee Hawkhill V40) 53.00. 42. Bill Simpson 53.17. 43. George Findlay (Anster Haddies V40) 53.26. 44. James Hannigan (Unatt. V40) 53.29. 45. Glynn Graham (RAF Leuchars V40) 53.33. 46. Andrew Wallace 53.34. 47. Stephen Moffatt (Anster Haddies) 1st local. 53.37. 48. Henry Wood (Carnegie V40) 53.48. 49. Martin Parker (Fife AC V40) 53.58. 50. Jim Taylor (Fife AC V40). 54.05. 51. Adrian Davis (Fife AC) 54.41. 52. Carol Cadger (Perth Strathay H V50) 54.43. 53. Brian Peachey (Fife AC V45) 54.44. 54. David Norrie (Perth RR V40) 54.52. 55. James Lang V40. 55.03. 56. Steven Dalton (Perth R.R) 55.07. 57. Michael Cowie (Carnegie V40) 55.35. 58. Allan Brownie V40. 55.40. 59. Dougie Gray (Pitreavie) 55.47. 60. Alan Meiklejohn (Fife AC V50) 55.57. 61. Jocelyn Scott (Fife AC V45) 56.01. 62. Alex Morrison (Arbroath Footers V50) 56.03. 63. Ray Connolly V40. 56.08. 64. Chapman Mathers (Anster Haddies V40) 56.15. 65. Alasdair Hood V40. 56.18. 66. George Murdoch (Carnegie) 56.20. 67. Jenny Butter (Perth RR) 56.25. 68. R McCrae 56.26. 69. Sandy Williamson V40. 56.27. 70. Fabienne Thompson (Carnegie V35) 56.36. 71. David Bee (Fife AC V50) 56.38. 72. Steff Quinn (Fife AC) 56.45. 73. Sandy Dunn V40. 56.54. 74. Bob Thornton (Dundee Hawkhill V40) 56.57. 75. Tara McGregor (Unatt) 57.39. 76. Neil Cobb V40. 56.50. 77. Tom Prendergast (London Irish V40) 57.39. 78. Bill Cumming (Arbroath Footers V40) 57.57. 79. Gus Hunter (Dundee RR V45) 57.59. 80. Sandy McFarlane 58.11. 81. Sally Ibbotson (Dundee RR V35.) 58.12. 82. Margaret McLaren (Fife AC V40) 58.13. 82. Jane Morris (Perth RR V35) 58.14. 84. Chris Clark (Fife AC V50) 58.14 85 John Keenlyside (Fife AC V50) 58.35. 86. Jim Bruce (Stornoway V40) 58 36 87. James Kelly (Carnegie) 58.37. 88. Keith Robinson (Perth RR V40) 58.38. 89. Stewart Davidson (Unatt V40) 58.40. 90. Colin Trail (Unatt) 58.46. 91. James Dalglish (Unatt.) 58.50. 92. Jeff Gunnell V40. 59.16. 93. Rhona Ritchie (Unatt V35) 59.25. 94. Kim Macgregor (Fife AC V40) 59.51. 96. Mike Frodsham V40. 60.05. 97. Stewart Evans V40. 60.05. 98. Alistair Bulcraig (Perth RR V40.) 60.12. 99. Sheila Bauchop (Perth RR V50) 60.13. 100. Phil Turner (Perth RR V40) 60 16 101 John Leggate (Fife AC V50) 60.38. 102. Ricky Martin (Perth RR V40) 61.19. 103. Sandy Gibb (Wee County H V50) 61.24. 104. Davie Allan (Carnegie V40) 61.27. 105. Martin Campbell V40 62.07. 106. Thomas Wallace 62.47. 107. Peter Allan 64.11. 108. Linda Caston (Dundee RR V35) 64.13. 109. Phyllis Lemoncello (Fife AC V50) 64.48. 110. Alistair Burleigh V40. 65.52. 111. Fiona Hair V35. 65.55. 112. Keith Hay 66.07. 113. Gary Christie (Unatt) 66.28. 114. Susan Pennon 66.30. 115. Peter Ritchie 66.52. 116. Martha Mill (Fife AC V35) 67.21. 117. Clive Cable (Carnegie V50) 67.57 118. Deborah Vanstobe (Carnegie V35) 67.57. 119. Tom McInnes V40 68.09 120. Alistair Syme V40. 68.19. 121. John Cater (Fife AC V60) 69.15. 122. Richard Cleary (Unatt.) 69.17. 123. Susan Smith (Perth RR V35) 72.50. 124. Stewart Thomson V40. 73.22. 125. Doug Hooper (Perth RR V40) 74.40.

Weem Hill Race, Aberfeldy

William Law, Dunshelt, followed up his victory at the Largo Law Hill Race with a clear win at the Weem Hill Race clocking 29 minutes 04 seconds over the four mile course. Kirkcaldy veteran Alan Meiklejohn placed third in 31 minutes 48 seconds.

Lomonds of Fife Hill Race, Gateside

William Law led Fife AC to team victory at the Lomonds of Fife Hill Race placing fourth covering the nine mile (2100ft) course in 71 minutes 22 seconds. Dave Anderson placed sixth (72.07) with Tom Scott in 15th first over 50 (77.56) the club finished clear team winners. Jocelyn Scott finished second woman (88.58) with Louise Burt third (91.16).

World Trophy Hill Running Trials, Glentress, Peebles

The Scottish junior hill running team for the World Championships in Italy once again features three Fife AC athletes. Andrew Lemoncello, Ceres, makes his third successive appearance at the World Championships having won the Under 20 Scottish Trial at Glentress, near Peebles. Andrew completed the 8.8km (500m ascent) course in 37 minutes 35 seconds with Fife colleague Euan Jardine in second (38.38). Graham Bee excelled to place third (39.30) to win his first call-up to a Scotland team. Equally impressive were St Andrews members Jocelyn Scott and Louise Burt who placed second and third respectively in the veteran women's race behind winner Sue Ridley (EWM) - 42 minutes 50 seconds. Jocelyn clocked 48 minutes 47 seconds followed by Louise three seconds further back. Newburgh under 15 athlete, Fiona Muir, placed 16th overall in a mixed age group event, first under 14 girl.

Other results - Senior men: 1 D. Rodgers (Cambuslang) 57.30; 2 C. Donnelly (Eyr) 57.56; 3 B. Rodgers (Lochaber) 59.34; 15 Adrian Davis 65.18 19 Alan Meiklejohn 85.40. **Veteran men:** 1 K. Varney (Metro Aberdeen) 37.53; 24 Gary Barker 49.24; 25 Andy Barker 49.34; 30 Frank McLaren 52.10; 32 David Bee 53.01; 34 Dave Francis 55.50. **Under 18 girls:** 5 Frances Meek 32.59. **Under 16 boys:** 5 John Buchan 29.09; 13 Graeme Barker 33.39. **Under 14 boys:** 9 Craig Guzy 10.05; 12 Frankie Scott 10.44; 13 Andrew Evans 10.57; 17 John Innes 11.31.

Scottish U15 Track & Field Championships, Grangemouth

Junior athlete Chris Baily took two medals at the Scottish Under 15 Track and Field Championships at Grangemouth winning the shot put and placing second in the javelin. Baily launched the shot out to a fine 12.14 metres, 12 centimetres ahead of silver medallist Ian McDonald (Stornoway) with Kieran Ross (Elgin) third (11.51m). A 36.17 metres throw in the javelin competition added the silver medal to Baily's impressive collection of East Scottish Schools, Fife Schools and national titles won this season.

BMC Meeting, Scotstoun, Glasgow

Graeme Walker, St Andrews, featured in a top class 800m race at Scotstoun Stadium, Glasgow placing fifth in one minute 54.95 seconds.

Scottish League Division 2, Inverness

Fife escaped the threat of relegation at the final round of the Scottish Men's Track and Field League at Inverness placing fourth in their Division Two match, fifth overall. Thanks go to all who supported the team including officials for the day Alan and Joan Roberts.

Results: A - 100m - 3 Steven Paton 12.2; 200m - 5 Richard Dowdalls 24.9; 400m - 4 Paton 55.4; 800m - 7 Paul Parkinson 2:18.4; 1500m - 5 John Cunningham 4:27.0; 110m hurdles - 5 Dave Roberts 26.2; 400m hurdles -6 Barry Normand 77.2; high jump - 3 (equal) James Gill 1.70; long jump - 2 Normand 5.99; pole vault - 2 Roberts 3.60; shot putt - 5 Alex Sutherland 9.08;

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javelin - 6 Colin Christie 29.19; 4 x 100m relay - 4 Paton, Normand, Roberts, Christie 51.4; 4 x 400m relay - 5 Paton, Dowdalls, Roberts, Christie 4:02.1.

Results: B - 100m - 4 Dowdalls 12.3; 200m - 4 Normand 25.4; 400m - 4 Dowdalls 56.0; 800m - 7 Graham Bee 2:16.8; 1500m - 5 Alastair Robertson 6:49.3 100m hurdles - 1 Christie 18.7; high jump - 400m hurdles - 2 Christie 63.7; high jump - 1 Christie 1.70; long jump - 3 Gill 5.23; pole vault - 2 Christie 2.80; shot putt - 4 Roberts 7.49; javelin - 5 Sutherland 20.54.

Team placings - 1 Law and District 315, 2 Kilbarchan 286, 3 Inverclyde 284, 4 Fife AC 233, 5 Black Isle 213, 6 Corstorphine 197, 7 Victoria Park 98.

Final league placings - 1 Law and District 30, 2 Kilbarchan 29, 3 Inverclyde 25, 4 Corstorphine 17, 5 Fife AC 14, 6 Black Isle 12, 7 Dunfermline and West Fife 12, 8 Victoria Park 11.

SEPTEMBER 2001

Pitreavie 7 Mile Road Race, Dunfermline

Kinghorn member, Steve Doig, continued his top form by winning the Pitreavie seven mile road race in 38 minutes and 19 seconds. Doig, winner of the Kirkcaldy Gala 10km and second at the Ceres '8', was a runaway winner - finishing 1 minute and 24 seconds ahead of Scottish 800m/1500m internationalist, Stuart Reid (Pitreavie), with Peter Morrison (Carnegie) third a further six seconds adrift.

Moray Marathon, Elgin

John Cunningham, Dysart, was seventh in the Moray Marathon, which incorporated the Scottish Championship. Cunningham clocked 2 hours, 51 minutes and 36 seconds in windy conditions.

Loch Leven Half Marathon, Kinross

Kirkcaldy veteran, Bryce Aitken was the first Fife AC runner home, finishing 26th out of 440 runners at the Loch Leven Half Marathon timed at 81 minutes and 12 seconds.

RESULTS 1 Colin Meek (V40) Lothian Running Club 1:11:25; 2 Frank Harper (V40) Carnegie Harriers 1:12:15; 3 Graeme Ackland Lothian Running Club 1:13:12; 26 Bryce Aitken (V40) 1:21:12; 29 John Murdoch (V40) 1:21:52; 34 Ron Mill (V40) 1:23:01; 64 Leonard Rhone 1:29:27; 158 Jack Stanford (V40) 1:39:39; 180 Bob Allison (V40) 1:42:00; 197 George Costello (V40) 1:43:17; 274 Martha Mill (V35) 1:49:45; 277 Sandra Aitken (V35) 1:49:53; 298 Robert Mustard (V40) 1:51:20

Aberfeldy Half Marathon

Addy Gerrard was easily the first woman home at the Aberfeldy half marathon clocking 83 minutes 21 seconds. Addy finished over five minutes clear of the opposition with Dhavila Stott (Sri Chimnoy) in second timed at 88 minutes 45 seconds. John Murdoch, Kirkcaldy ran well to place seventh, second veteran (77.50) with Bryce Aitken in 10th (78.51).

RESULTS 1 Colin Meek (MV) 1:11:48; 2 Nigel Cunningham Pitreavie 1:13:29; 3 Paul Matheson Forres 1:14:59; 7 John Murdoch (MV) 1:17:50; 10 Bryce Aitken (MV) 1:18:51; 19 Ron Mill (MV) 1:21:41; 24 Addy Gerrard (FV) 1:23:21; 77 Chris Clark (MV) 1:35:16; 124 Kim McGregor (FV) 1:42:10; 153 Sheila Barbour (FV) 1:48:00; 158 Robert Mustard (MSV) 1:48:58; 167 Sandra Aitken (FV) 1:50:41; 173 Cartriona Duncan (FSV) 1:51:47; 179 Graham Duncan (MV) 1:54:09

Capital City 10K Challenge, Edinburgh

Two thousand one hundred runners contested the Capital City 10K Challenge in Edinburgh where John Cunningham Dysart, placed 13th (33.39) while Kirkcaldy under 20 athlete Paul Parkinson finished 41st (36.02) - second junior. The race was

dominated by reigning Scottish cross-country team champions Hunters Bog Trotters who filled the first four places. Phil Mowbray clocked 30 minutes 5 seconds to win the event 33 seconds clear of Steve Cairns.

RESULTS 1 Philip Mowbray (HBT) 30.05; 2 Steve Cairns (HBT) 30.38; 3 John Heap (HBT) 31.29; 13 John Cunningham 33.39; 41 Paul Parkinson 36.02; 223 Leonard Rhone 40.54; 560 Sam Nelson (M40) 45.57; 636 Roy McLachan (M50) 46.48; 759 Wilf Parkinson (M50) 48.04.

East Neuk 10K Road Race, Anstruther

Fife AC under 20 internationalist Andrew Lemoncello, Ceres, headed a field of 240 runners at the East Neuk 10 km road race from Waid Academy. Lemoncello, contesting his first ever 10 km road event, was content to sit back over the opening half of the race as Lothian veteran Cohn Meek opened up a 15 second advantage. Lemoncello, eighth in the junior race at the World Hill Championships in Italy two weeks previous, bided his time and slowly reeled in Meek at the seven kilometre point. The two shared the lead until 500m out from the finish Lemoncello upped the pace, rapidly opening up a six second advantage, which he held to the finish timed at 31 minutes 33 seconds. Meek followed in 31.39 with Fife AC Kirkcaldy members Steve Doig, Kinghorn (32.27) and John Cunningham, Dysart (33.14) third and fourth respectively. A total of eight points saw Fife comfortably retain their team title ahead of Lothian RC's 21 points. Kirkcaldy over 40 veteran Bryce Aitken excelled to place 13th (35.06) taking second veteran 40 award. Sheila Barbour ran well to place second in her veteran category while Kim Macgregor, St Andrews placed third in her category. British marathon internationalist Trudi Thomson (Pitreavie) placed 23rd overall clocking 36 minutes 28 seconds winning the women's prize ahead of Fiona Lothian, Baldinnie, 33rd overall (37.56).

RESULTS: 1 Andrew Lemoncello (Fife AC) 31.33; 2 C. Meek (Lothian RC) 1st veteran, 31.39; 3 Steve Doig (Fife AC) 32.27; 4 John Cunningham (Fife AC) 33.14; 5 B. Kirkwood (Mizuno RC) 1st over 45, 33.27; 6 R. Campbell (Arbroath Footers) 33.34; 7 B. Turner (Lothian) 33.38; 8 N. Cunningham (Pitreavie) 33.44; 9 P. Belcher (Royal Navy) 34.22; 10 I. Duff (Unatt) 34.36; 11 C. Ross (Dundee Hawkhill) 2nd over 45, 34.37; 12 S. Dempsey (Lothian) 3rd over 45, 34.48; 13 Bryce Aitken, 2nd veteran, 35.06; 14 S. Connor (Forfar RR) 35.11; 15 A. Ramage (Law) 35.14 26 Ronnie Mill 36.48; 33 Fiona Lothian 37.56; 37 Mel Scobie, 2nd over 50, 38.05; 48 Andy Barker 39.20; 69 Dave McNicol 40.42; 78 Brian Peachey 41.17; 80 Ricky Forrester 41.28; 84 Don Macgregor 41.45; 92 Chris Clark 42.35; 96 Martin Farrally 42.51; 101 Doug Provan 43.09; 106 John Keenlyside 43.24; 113 Ian Macgregor 43.53; 128 Robert Allison 44.51; 129 John McFarlane 44.53; 151 Sandy Cruickshank 46.21; 156 Ronnie Morrison 46.39; 169 Sheila Barbour 47.34; 187 Ron Hilditch 49.33; 194 Andrew Lees 49.52; 195 Robert Mustard 50.18; 206 John Cater 52.13; 208 Phillip Lyons 52.31.

Ben Nevis Hill Race, Fort William

A field of 500 runners contested the Ben Nevis Hill Race at Fort William where St Andrews hill runner, Martin Laing, finished a fine 22nd, third veteran clocking one hour 46 minutes 45 seconds over the 10-mile (4400ft) course.

World Hill Championships, Arte Terme, Italy

Fife AC athletes helped Scotland to 12th team place at the World Hill Championships held in Arte Terme, Italy. Under 20 internationalist Andrew Lemoncello, Ceres, an ever-present in the Scottish team having represented Scotland in La Reunion, Borneo and Germany over the past three years, finished a

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splendid eighth in the junior race. Lemoncello clocked 36 minutes 55 seconds over, the uphill course with Italy's Stefano Scairi the winner in 84 minutes 21 seconds. Scotland's second scorer home was Donald Macauley of Nairn in 41st (39.58) with Fife AC duo Euan Jardine 50th (40.49) and Kirkcaldy athlete Graham Bee in 53rd (41.14) making his first international appearance. Italy won the team title (10 points) ahead of Poland (39) and Slovenia (45). England placed seventh (78) with Scotland 12th (99) and Wales 15th (145).

World Veteran Hill Running Championships, Ustron, Poland

Fife AC athletes Louise Burt and Jocelyn Scott returned home from Ustron, Poland with bronze medals having represented Scotland in the World Veteran Hill Running Championships.

St Andrews runner Louise placed third in the women's race clocking 44 minutes 29 seconds over the 8km uphill course including ascent of 605 metres. Ludmilla Melicherova (Slovenia) was a clear winner timed at 37 minutes 43 seconds with Scottish women's trial winner Sue Ridley (Edinburgh Woollen Mill) in second place - 44 minutes 5 seconds. Jocelyn placed third in the women's 45-49 age group behind D. Moras of Italy (41.53) and Jill Prowse of England (45.13) timed at 46 minutes 40 seconds. Jocelyn's transition from novice club runner to third in a veteran world championship is remarkable having been accomplished in just 14 months of training. The Madras teacher has won a number of prizes in road and hill races this year and earlier this summer was first woman home at the Glenrothes 10K road race. Kirkcaldy veteran Alan Meiklejohn placed 28th in the veteran men's 55-59 category clocking 47 minutes 44 seconds.

Fife AC Five Hills of Fife Race

Misty, cold and damp conditions saw 15 pairs of runners complete the Five Hills of Fife race with Brian Cruickshank and Dave Anderson clear winners timed at 2 hours 14 minutes 51 seconds. The course included ascent of the West and East Lomonds, Bishophill, Largo Law and Norman's Law - 16 miles totalling ascent of 4000 feet. Ian Overton and Tom Scott remained title contenders until the third climb of the race - the Bishophill - which saw the unfortunate pair lose 13 minutes in their efforts to locate the mist covered hill summit. The sun finally came out over the Normans Law course as Overton and Scott finished at Luthrie in 2 hours 33 minutes 11 seconds, followed by Joe Holden who partnered Brian Landels to third place in two hours 40 minutes 38 seconds. The race raised funds for the Guide Dogs for the Blind Overseas Challenge.

Other results: 4 Gary Barker/Neil Young 2:43.27; 5 Louise Provan/Laurie Anderson 2:44.01; 6 Rory Scott/Jocelyn Scott 2:54.37; 7 John Buchan/Graeme Barker/Craig Guzy 2:55.15; 8 Margaret and Frank McLaren 3:02.44; 9 Dave Bee/Alan Meiklejohn 3:03.29; 10 Alison and Nick West (Carnegie) 3:10.37; 11 Frank McHarg/John McNally 3:23.10; 12 Dave Adams (Hamilton) and Steve Robertson 3:24.00; 13 Brian Headley/Hugh McGinley (Lomond HR) 3:34.04; 14 James Lamb/Kader Chowdhury 3:42.10; 15 Fiona Muir/Frances Meek 3:54.35.

Ben Lomond Hill Race

St Andrews veteran Martin Laing was Fife's first runner home at the Ben Lomond hill race (nine miles, 3192 feet) placing 10th, second veteran in 79 minutes 50 seconds. Laurie Anderson placed 40th clocking 90 minutes 46 seconds with Louise Provan 86th (111.56) eighth woman.

Young Athletes Trophy Meeting, Pitreavie, Dunfermline

Fife AC athletes won six gold medals at the Young Athletes Trophy Meeting held at Pitreavie. Kirkcaldy under-11 member, Aillie Scobie, Burntisland, was an outstanding winner of the 800m - clocking a fabulous two minutes 46.6 seconds. Under-17 athlete, Kenneth Mowbray, Glenrothes, was a double winner with victories in the 100m (12.4) and the long jump (5.75m). Chris Baily won the under-15 boys long jump with a fine 5.94m while Nicola Thomson won the under-17 high jump (1.50m) and Gemma Todd the under-17 discus (18.72). Under-13 St Andrews athlete, Jonathon Marks, was second to Scottish Pentathlon Champion, Greig Taylor (Montrose), in the 75m hurdles with a time of 14.2 seconds to Taylor's 13.4. Jonathon later placed second to Taylor in the high jump while sister, Freya, also took silver in the under-13 girls' high jump.

Central & South League Division 4, Coatbridge

The final track and field match of the season saw Fife AC win the Central and South of Scotland division four title at Coatbridge. Burntisland under 11 athlete Aillie Scobie followed up her victory at the Pitreavie Trophy Meeting with yet another sub-three minute 800m clocking timed at a winning two minutes 57 seconds. St Andrews Jenny Tan was also in top form in the under 11's winning the long jump with a leap of 3.20m. In the under 11 boys age Lewis Johnson won the long jump 'A' (3.30m) with Andrew Evans the 'B' winner (3.29m). Double points came Fife's way in the senior men's 400m where Cupar athlete Richard Dowdalls smashed his personal best by a full second to win the 'A' race in 54.6 seconds. Ben Anderson, Lundin Links, clocked 56.5 seconds to win the 'B' race as well as winning the high jump 'A' competition (1.65m) and the shot putt 'B' competition. Dowdalls returned to the track at the end of the meeting to win the 200m. John Cunningham, St Andrews was the winner of the shot putt 'A' (7.60m) and scored further top points with a win in the javelin competition with a throw of 31.50m. Some of the best marks in the field events came for under 15 National champion Chris Baily, Glenrothes, who won the javelin with a personal best throw of 38.28m as well as winning the long jump with a fine 5.90m. Under 17 sprinter Kenneth Mowbray, Glenrothes was a double winner timed at 12.7 seconds for the 100m and 25.2 in the 200m while Sean Frew took double points in the field with victories in the discus (27.0m) and hammer (37.39m). Nicola Thomson, Glenrothes, won two events in the under 17 women's age group leaping out to 4.87m in the long jump and throwing 19.38m to win the javelin. Cupar's Nony Mordi clocked a season's best of 27.4 seconds to win the under 15 girls 200m. Freya Marks, St Andrews, added yet another long jump victory for Fife winning the under 13 girls event with a leap of 4.21m.

10km Paarlaf, St Andrews (12th Sept.)

Ian Overton and Tom Scott led from start to finish to win the 10km Paarlaf at St Andrews University track. Alternating 200m the pair clocked 29 minutes 39 seconds well clear of second-placed Kirkcaldy pairing Ronnie Mill and John Murdoch (31.08). Frankie Scott won the under 13's one mile held in windy conditions timed at six minutes 18 seconds.

Results: 1 Tom Scott/Ian Overton 29.39; 2 Ronnie Mill/John Murdoch 31.08; 3 Dave Anderson/Niall Anderson 33.18; 4 Mel Scobie/Andy Barker 33.82; 5 Jocelyn Scott/Louise Proven 35.46; 6 Brian Cruickshank/John Innes 36.04. **Under 13 boys' one mile:** 1 Frankie Scott 6.18; 2 John Innes 6.34; 3 Connor Hill 6.51.

10km Paarlaf, St Andrews (26th Sept.)

Brian Cruickshank and Kirkcaldy under 20 athlete Graham Bee teamed up for a class act at the 10 km Paarlaf at St Andrews

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University track. Alternating 200 metres the pair clocked a fine 29 minutes 11 seconds with Dusty Spates partnered by Cardiff athlete Robin Hart in second (30.02). Ian Overton and Dave McNicol followed in third (30.14). Kirkcaldy junior athletes Craig Guzy and John Buchan clocked a superb 33 minutes 07 seconds to take fourth place.

Other results: 5 Simon Emsley/Megan Gunderman (St Andrews University) 33.24; 6 Angus and Roy McLachlan 33.42; 7 Jocelyn Scott/Fiona Muir 34.41; 8 Philip Grist/Dave Francis 35.46; 9 Gary Barker/Sandy Cruickshank 36.31; 10 Ron Hilditch/Ronnie Morrison 38.55.

Under 11/13 - one mile Paarlauf: 1 Neil Gray/Elliott Simpson 5.07; 2 Andrew Evans/John Innes 5.11; 3 Clare Black/Fiona Muir 5.38; 4 David Rodigan/Neil Bell 6.08.

OCTOBER 2001

Fettercairn 10K Road Race

Aberdeen's Callum Davidson won the Old Fettercairn 10km road race in 32 minutes 27 seconds, 12 seconds ahead of Fife's Steve Doig, Kinghorn, with Bryce Aitken, Kirkcaldy, in seventh, third veteran (35.25).

Results - 1 C. Davidson (Aberdeen AAC), 32.27; 2 Steve Doig (Fife AC), 32.39; 3 K. Varney (Metro Aberdeen), 1st veteran, 32.45; 4 R. Campbell (Arbroath Footers), 34.09; 5 M. Simpson (Splash and Dash Stonehaven), 2nd veteran, 34.49; 6 C. Noble (Metro Aberdeen), 1st over 50, 35.24; 7 Bryce Aitken (Fife AC), 3rd veteran, 35.25; 8 K. Tulloch (Metro Aberdeen), 35.27; 9 R. Davidson (Dundee RR), 4th veteran, 35.50; 10 D. Stewart (Dundee RR), 36.22.

British & Irish Junior Hill Running Championships, Belfast

Fife AC junior hill internationalist Graham Bee produced an outstanding result, placing third in the British and Irish Junior Hill Running Championship at Belfast. Peter Dalton of Ireland won the under 18 race over a 5.1km (410m ascent) course timed at 25 minutes 17 seconds with team colleague Niall Connaughton in second (25.26). Bee followed in 25 minutes 39 seconds and with Nairn athlete Donald Macauley in seventh (26.47) and Galloway's Richard Goldsworthy eighth (26.52). Scotland placed second team totalling 18 points behind Ireland's nine points with Wales in third (19). Northern Ireland placed fourth (39) and England fifth (45). John Buchan, Burntisland, placed 19th (21.25) in the under 16 race held over a 3.7 km (285m ascent) course while in the under 14 girls' race Fiona Muir, Newburgh, had a fine run to place fourth, third Scot. Craig Guzy, Kirkcaldy, had a good run to place 10th in the under 14 boys' 2.9 km (190m ascent) race, while in 16th, the youngest member of the Scottish contingent, under 11 St Andrews member, Andrew Evans, had a superb run to finish 16th (14.57). John Innes, Newburgh, in 22nd, was also well up the field timed at 15 minutes 41 seconds. A brilliant display by the Fife AC youngsters, easily the biggest section of the Scottish team.

East of Scotland Cross-Country Relays, Corstorphine Hill, Edinburgh

Fife AC men's team missed medals by just 26 seconds, coming fifth at the East of Scotland cross-country relays at Corstorphine Hill. Under-20 internationalist, Andrew Lemoncello, led home the 54 teams over the opening stage of the 4 x 2.5 mile race in 12 minutes 07 seconds, a 13-second lead over holders Mizuno RC. Under-20 Kirkcaldy hill internationalist, Graham Bee, then had the daunting task of holding off the challenge of Olympian Tom Hanlon, over the second leg of the race. With

just over a mile completed, Hanlon swept past going on to clock the day's fastest time of 11 minutes 41 seconds with Mizuno never again headed. Bee had a fine run to hold second place, clocking 12 minutes 56 seconds. This fine performance rounded off quite a week for Bee - third in the British and Irish Junior Hill international the previous weekend, Most Improved Athlete of the Year award at the annual general meeting on the Wednesday, fastest time at Fife Schools Road Relays at Beveridge Park on the Thursday. Bee handed over to Alan Milligan, making his return to competition following injury. Milligan acquitted himself well, holding third place at the changeover (13.16) as Hunters Bog Trotters came through into second. Bryan McManus (13.27) was unlucky to lose out over the final mile of the race as City of Edinburgh and Mizuno B came through into third and fourth respectively just ahead of Fife.

The women's team were sixth in the 3 x 2.5 mile race helped by good runs from Louise Provan (16.32), Louise Burt (16.37) and Addy Gerrard (15.38).

The 3 x 1.5 mile boys' composite team of Elliott Simpson, under 13 (8.34), John Buchan, under 15(8.11) and Graeme Barker, under 17 (8.14) - all Kirkcaldy members, placed eighth. Kirkcaldy under 13 runner, Michael O'Neil, had a good 8 minutes 47 seconds run over the opening stage for the C team which eventually finished 16th.

Good runs by Freya Marks, St Andrews (9.58) and Kirkcaldy's Kim Paterson (9.28) were to no avail in the girls' 3 x 1.5 mile race with the withdrawal of an athlete meaning there was no runner to contest the final under 17 stage of the race.

RESULTS: Men's 4 x 2.5 mile - 1 Mizuno RC, 48.36; 2 Hunters Bog Trotters, 49.23; 3 City of Edinburgh, 51.20; 4 Mizuno B, 51.41; 5 Fife AC (Lemoncello 12.07, Bee 12.56, Milligan 13.16, McManus 13.27), 51.46; 6 Central AC, 52.12; 7 Dundee Hawkhill, 52.31; 8 Metro Aberdeen, 52.31; 9 Corstorphine, 53.19. 10 Falkirk Vic, 63.25; 15 Fife B (Brian Cruickshank 14.09, Dave Adam 13.45, Ian Overton 13.51, Dusty Spates 13.46), 55.31; 16 Fife C (John Thomson 13.51, Bryce Aitken 14.18, Terry Mitchell 13.32, Tom Scott 14.01), 55.42. 39 Fife D (Laurie Anderson 15.09, Mel Scobie 15.47, Steff Quinn 14.33, Andy Barker 16.18), 61.47; 48 Fife E (George Black 15.49, Jim Haig 17.23, Doug Gunstone 17.25, Graham Bennison 19.10), 69.47; 49 Fife F (Alan Meiklejohn 16.45, Roy McLachlan 17.29, Dave Bee 17.01, Alastair Robertson 20.31), 61.46.

Women's 3 x 2.5 mile - 1 Edinburgh Woollen Mill, 46.27; 2 Central AC, 46.44; 3 Carnethy HR, 46.68; 4 Gala H, 47.04; 5 City of Edinburgh, 48.23; 6 Fife AC (Provan 16.32, Burt 16.37, Gerrard 15.38), 48.47; 7 HBT, 49.32; 8 City of Edinburgh B, 51.50; 9 Pitreavie, 52.16; 10 Lothian RC, 53.00; 16 Fife B (Margaret McLaren 18.28, Eliza McLachlan 20.84, Jocelyn Scott 16.56), 55.58; incomplete team - Phyllis Lemoncello, 18.46.

Boys' 3 x 1.5 mile - 1 Corstorphine, 22.33; 2 Central AC, 22.57; 3 Aberdeen AAC, 23.10; 4 Lasswade, 23.15; 5 City of Edinburgh, 23.38; 6 City of Edinburgh B, 24.11; 7 Pitreavie, 24.34; 8 Fife A (Simpson 8.34, Buchan 8.11, Barker 8.14), 24.59; 9 George Heriots, 25.03; 10 Lasawade B, 25.04; 11 Fife B (Frankie Scott 8.47, Craig Guzy 8.25, Rory Scott 8.24), 25.36; 16 Fife C (Andrew O'Neil 8.47, Duncan McLachlan 9.39, Angus McLachlan 8.29), 26.55.

East Cross-Country League, Gorebridge

Fife AC under 20 internationalist Andrew Lemoncello gave the club the best of starts at the opening East of Scotland Cross-Country League match at Gorebridge winning the senior race. After only three-quarters of a mile Lemoncello pulled away from the field of 200 runners opening up a six second gap over closest rivals Ben Hukins (Aberdeen) and Dave Cavers (Teviotdale). Over the 5.25 mile muddy course the Ceres ath-

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lete was content to hold this advantage to the finish reached in 26 minutes 29 seconds. Dave Anderson, Milnathort, was Fife's next counter home in 10th followed by Kirkcaldy junior Graham Bee 12th. Bryan McManus 18th, Euan Jardine 22nd and Ian Overton 33rd closed in the A team scoring - a total of 96 points - which gave them second team place behind City of Edinburgh's 86.

The under 17's were led home by Cupar athlete Jamie Lamb (12th) finishing second team behind Aberdeen. Burntisland athlete John Buchan spearheaded the under 15 challenge placing a fine sixth followed by Kirkcaldy athletes Craig Guzy 16th and Fraser Matthews 32nd. The under 15 team placed fourth. Elliott Simpson, Kirkcaldy, made a brave bid to win the under 13 race finishing fifth on this occasion, higher placings will undoubtedly come to this talented runner. The under 13 team finished third. St Andrews runner Andrew Evans was the star of the under 11 team placing third supported by Kirkcaldy athletes David Rodigan 36th and Jack Cutland 40th, the under 11's finished in sixth team place.

Fife, winners of the league title for the past four years, now hold the slenderest of leads at the head of the 30-strong league table totalling 282 points ahead of City of Edinburgh (308) and Falkirk Victoria (513).

Senior men: 1 Andrew Lemoncello (Fife AC) 1st junior, 26.29; 2 B. Hukins (Aberdeen) 26.35; 3 D. Cavers (Teviotdale) 26.58; 4 N. Milovsorov (Metro Aberdeen) 27.06; 5 J. Guiest (City of Edinburgh) 27.23; 6 C. Meek (Lothian) 1st veteran, 27.31; 7 J. Pringle (City of Edinburgh) 27.40; 8 M. Ferguson (City of Edinburgh) 27.53; 9 A. Anthony (Central) 28.00. 10 Dave Anderson 28.02; 12 Graham Bee, 2nd junior, 28.06; 18 Bryan McManus 28.53; 22 Euan Jardine, 3rd junior, 29.11; 33 Ian Overton 29.50; 46 Brian Cruickshank 30.35; 50 John Thomson 30.45; 67 Bryce Aitken 31.20; 119 Andy Barker 34.07; 129 Gary Barker 34.39; 135 George Black 35.03. 140 Alan Meiklejohn 35.20; 142 Brian Peachey 35.29; 155 Roy McLachlan 36.19; 164 Frank McLaren 36.51; 172 David Bee 37.25; 175 Jim Haig 37.39; 179 Doug Gunstone 37.59; 184 Graham Bennisson 38.53; 196 Alastair Robertson 41.11. Two hundred and one finished. **Teams:** 1 City of Edinburgh 86; 2 Fife AC 96; 3 Lothian RC 228; 4 Corstorphine 230; 5 Hunters Bog Trotters 257; 6 City of Edinburgh B 308; 7 Edinburgh University 337; 8 Falkirk Vic 346; 9 Carnegie 351; 10 Gala H 355. **Veterans:** 1 Lothian RC 147; 2 HBT 171; 3 Gala H 189; 4 Carnegie 207; 5 Corstorphine 213; 6 City of Edinburgh 24; 7 Falkirk Vic 228; 8 Fife AC 238. **Under 17 men:** 1 I. Donnan (Aberdeen) 16.02; 2 K. Berry (Corstorphine) 16.08; 3 A. Walls (Aberdeen) 16.09; 12 Jamie Lamb 18.32; 17 Rory Scott 19.24; 20 Angus McLachlan 19.51; 23 Graeme Barker 20.27. **Teams:** 1 Aberdeen AAC 8; 2 Fife AC 49; 3 George Heriots 53. **Under 15 boys:** 1 J. Thomson (Aberdeen) 11.27; 2 K. Gauson (City of Edinburgh) 11.39; 3 C. Douglas (Falkirk Vic) 11.47; 6 John Buchan 12.11; 16 Craig Guzy 12.46; 32 Fraser Matthews 14.04; 41 Mark Dow 12.44. **Teams:** 1 City of Edinburgh 19; 2 Corstorphine 22; 3 Falkirk Vic 34; 4 Fife AC 47. **Under 13 boys:** 1 P. Benham (Lasswade) 9.16; 2 M. Gillespie (Central) 9.26; 3 G. Lavery (Aberdeen) 9.27; 5 Elliott Simpson 9.37; 13 Frankie Scott 10.05; 28 Duncan McLachlan 10.53; 37 Phillip Jones 11.48. **Teams:** 1 City of Edinburgh 25; 2 Lasswade 35; 3 Fife AC 36. **Under 11 boys:** 1 M. Gillespie (Central) 6.07; 2 S. Deveney (City of Edinburgh) 6.13; 3 Andrew Evans 6.25; 36 David Rodigan 8.25; 40 Jack Cutland 8.32. **Teams:** 1 Central AC 15; 2 Falkirk Vic 17; 3 City of Edinburgh 20; 6 Fife AC 54. **Overall:** 1 Fife AC 282; 2 City of Edinburgh 308; 3 Falkirk Victoria H 513. **Open Women's three mile:** 1 M. Van der Linden (City of Edinburgh) 19.07; 2 J. Stevenson (Falkirk Vic) 19.14; 3 V. Frew (EWM) 19.22; 34 Jocelyn Scott 20.46; 44 Margaret McLaren 21.57; 55 Phyllis Lemoncello 23.09; 58 Eliza McLachlan 24.51.

Scottish Services League, Edinburgh

Leuchars athlete Dave Adam commenced his winter Scottish Services League campaign placing second to Irish internationalist Steve Cairns at the opening fixture at Lothian and Borders Police HQ. Dave covered the 5.5 miles course in 31 minutes 10 seconds with Cairns clocking 30 minutes 25 seconds. St Andrews University athlete Stuart Watkins represented Tayforth in third (32.27) followed by Steff Quinn in fourth (32.37). RAF Leuchars totalled 24 points to win the team race.

National Cross Country Relays, Cumbernauld

Fife AC finished fifth at the Scottish National Cross Country Relay Championships at Cumbernauld with under 20 internationalist Andrew Lemoncello, Ceres, clocking one of the fastest times of the day. Lemoncello headed the 160 teams over the opening stage of the 4 x 4000m race having drawn away from defending champions Mizuno with one mile of the hilly course to go. Timed at 13 minutes 05 seconds Lemoncello handed over a 12 second advantage to second stage runner Owen Greene. Greene battled to keep Fife in pole position for the first mile of the second leg but was rapidly closed down by British steeplechase internationalist Tom Hanlon (Mizuno), fastest of the day (12.47). The reigning Scottish Universities Cross-Country Champion made a Herculean effort over the final stages to keep Hanlon within sight limiting the Olympian to just a 26 second advantage. Green clocked 13 minutes 30 seconds as another youngster, under 20 Kirkcaldy hill internationalist Graham Bee took up the challenge for Fife. The third stage saw Mizuno hold their lead while Shettleston came through into second, Bee bravely held third place until 200 metres out from the finish British Cross Country internationalist Bobby Quinn clocked 12 minutes 58 seconds to haul Kilbarchan into third. Bee in fourth clocked a fine 14 minutes 09 seconds. Glen Stewart posted the third fastest time of 12 minutes 57 seconds to give Mizuno the title and a total time of 52 minutes 36 seconds followed by Shettleston (53.51). Tommy Murray brought Inverclyde through into the bronze medal position ahead of Kilbarchan and Dave Anderson's 14 minutes 15 seconds gutsy final stage run securing a fine fifth for Fife. The Fife B team got off to a good start with Markinch veteran John Thomson clocking 15 minutes 16 seconds followed by Bryan McManus, Glenrothes timed at 14 minutes 25 seconds. Euan Jardine (14.25) and Alan Milligan (14.29) rounded off the team effort to secure 20th place. The boys' team placed 18th out of 54 teams in the 3 x 2500m relay helped by Kirkcaldy members Elliot Simpson, John Buchan and Graeme Barker.

Results: 1 Mizuno RC 52.36; 2 Shettleston 53.51; 3 Inverclyde 54.31; 4 Kilbarchan 54.54; 5 Fife AC (Lemoncello 13.05, Greene 13.30, Bee 14.09, Anderson 14.15) 54.58; 6 RH Cambuslang 55.39; 7 Law and District 55.50; 8 Mizuno RC 'B' 56.17; 9 Central AC 56.36. 10 J. W. Kilmarnock 56.39 11 Irvine AC 56.47; 12 Hunters Bog Trotters 57.25; 13 Strathclyde University 57.27; 14 City of Edinburgh 57.33; 15 Dundee Hawhill 57.42; 20 Fife B (Thomson 15.16, McManus 14.25, Jardine 14.25, Milligan 14.29) 58.35; 34 Fife C (Dave Adam 14.40, Brian Cruickshank 15.03, Ian Overton 14.59, Steff Quinn 15.25) 60.07.

Boys 3 x 2500m: 1 Aberdeen AAC 27.15; 2 Kilbarchan 27.21; 3 Corstorphine 27.40; 18 Fife AC (Simpson U13 10.30, Buchan U15 9.39, Barker U17 9.58) 30.07. Fife B (incomplete) Frankie Scott U13 10.47, Rory Scott 10.13

Nightmare Series – Coul Den, Glenrothes

Hallowe'en was the perfect setting for the first nightmare race of the winter held at Coul Den, Glenrothes. Dave Anderson was first home over the four mile country course clocking 23 minutes 12 seconds with Brian Cruickshank second (23:43).

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Glenrothes athlete Chris Russell made a welcome return to competition following injury finishing third (23:48). Jocelyn Scott placed ninth overall, first woman (29:45).

Results: 1 Dave Anderson 23:12; 2 Brian Cruickshank 23:43; 3 Chris Russell 23:48; 4 John Hargreaves (Unatt) first junior 26:40; 5 Laurie Anderson, first veteran 27:00; 6 Jim Hannigen, second veteran 27:51; 7 Graeme Barker, second junior 28:37; 8 Chris Fox, first over 50, 29:07; 9 Jocelyn Scott 29:45; 10 Jim Taylor 29:49; 11 Jeff Gemmell 29:59; 12 Graham Benmson 32:04; 13 Bob Thornton (Dundee Hawkhill) 32:51; 14 Alastair Robertson 37:56.

Scottish Services League, Hillend, Edinburgh

Leuchars athlete Dave Adam was back in action winning the second Scottish Services League race of the season at Hillend, Edinburgh. Dave pulled clear on the second of the two laps covering the 5.5 mile course in 34 minutes 08 seconds followed home by S. Baker (ATR Glencorse) 35:28. Glencorse ran out team winners with RAF Leuchars second.

AGM 5000m, Fife Institute, Glenrothes

Kinghorn runner, Steve Doig, won the annual general meeting 5000m race at Fife Institute, Glenrothes clocking 15 minutes 49 seconds ahead of Graham Bee (16.20) and Brian Cruickshank (16.55). Jocelyn Scott placed 13th overall, first woman in 21 minutes 20 seconds.

RESULTS: 1 Steve Doig, 15.49; 2 Graham Bee, 16.20; 3 Brian Cruickshank, 16.55; 4 Paul Parkinson, 17.15; 5 John Murdoch, 17.24; 6 Jim Hannigan, 17.50; 7 Laurie Anderson, 18.13; 8 George Black, 19.03; 9 Andy Barker, 19.06; 10 Leonard Rhone, 19.28; 11 Dave Bee, 20.31; 12 Doug Gunstone, 21.18; 13 Jocelyn Scott, 21.20; 14 Phyllis Lemoncello, 21.55; 15 Wilf Parkinson, 22.17; 16 Mike Kuszczyn, 22.35; 17 Alastair Robertson, 23.29.

NOVEMBER 2001

Dundee 10 Mile Road Race, Templeton Woods

Brian Cruickshank, Glenrothes, was Fife's first runner home at Dundee Road Runners 10 mile road race held at Templeton Woods placing eighth in 58 minutes 46 seconds. Addy Gerrard finished 28th overall to win the women's race (63:14) and with Angela Morrison 86th (6th woman) and Jocelyn Scott 88th (7th woman) took the women's team prize.

Results: 1 C. McBurney (Morpeth) 53:04; 2 C. Meek (Lothian) first veteran 55:54; 3 R. Campbell (Arbroath Footers) 57:35; 4 B. Turner (Lothian) 58:00; 5 J. Matheson (Metro Aberdeen) 58:14; 6 C. Ross (DHH) second veteran 58:40; 7 S. Mason (DHH) 58:42; 8 Brian Cruickshank (Fife AC) 58:46; 9 P. Fox (Unatt) 58:50; 10 D. Stewart (DRR) 59:07; 28 Addy Gerrard, first woman 63:14; 85 Richard Shaw 70:37; 86 Angela Morrison, 6th woman 70:37; 88 Jocelyn Scott, 7th woman, 70:41; 111 Martin Parker 73:08; 127 Chris Clark 74:45; 149 Kim MacGregor 76:59; 165 Bob Allison 78:27; 169 Crawford Mackie 78:48, 173 John Keenlyside 79:14.

Glen Clova Half Marathon

Three hundred runners contested the Glen Clova half marathon with Fife over 40 Kirkcaldy veteran Bryce Aitken first home for the club in 11th overall (fourth veteran), clocking 84 minutes 07 seconds in extreme windy conditions. Laurie Anderson, Glenrothes, was well up the large field in 19th timed at 86 minutes 43 seconds.

Edinburgh to Glasgow Road Relay

There was disappointment for the Fife men's team who crossed the finishing line in fourth place at the 63rd Edinburgh

to Glasgow eight-stage road relay only to be penalised two minutes for an unintentional error at the busy Ballieston cross-over resulting in demotion to seventh position. The team of John Cunningham, Owen Greene, Graham Bee, Bryan McManus, Dave Anderson, Daniel Leggate, Alan Milligan and Graeme Walker clocked three hours 59 minutes 33 seconds for the 45.4 mile relay course, adjusted to 4:01.33 with the two minute penalty. Kirkcaldy under 20 internationalist Graham Bee was particularly outstanding bringing the team up to fourth over the third stage, just two seconds down on third - the fourth fastest time over his stage. Mizuno RC registered their 11th consecutive victory in the race after a thrilling battle with Edinburgh city rivals Hunters Bog Trotters, the final issue only decided 300 metres out from the finish line when Mizuno's David Ross overhauled an exhausted Trotter's Hayden Lorimer to finish in three hours 48 minutes 55 seconds with the unlucky Trotters an agonising 15 seconds down in the silver medal position. Shettleston followed in third (3:58.58). St Andrews student Graeme Walker brought Fife home in fourth following a superb run over the final stage. The two minute penalty could be considered harsh for an error which amounted to 20 seconds at the most. The team, however, will receive an invitation to next year's race with the first 12 of the 20 invited teams home automatically qualifying for the event next year.

Reebok Cross-Country Challenge, Birmingham

Fife AC under 20 internationalist Andrew Lemoncello, Ceres, produced another outstanding result placing 18th, second junior out of a field of thousands at the Reebok Cross-Country Challenge in Birmingham.

Sam Haughian (Windsor, Slough & Eton) headed the field in 33 minutes 15 seconds with Britain's top under 20 distance runner Mohamed Farah (Windsor, Slough & Eton) placing ninth (34:52). Lemoncello followed in 18th sharing a finishing time of 35 minutes 29 seconds with Chris Watson (Victoria Park) - third junior

Hydrasun Cross-Country Races, Aberdeen

Up at Aberdeen the Fife under 11 boys team placed second to Aberdeen at the Hydrasun Cross-Country meeting with Andrew Evans (fourth), Cameron Downie (eighth) and Jamie Mackie (10th).

Results; senior men - 1 A. Reid (Peterhead) 35:00; 2 C. Davidson (Aberdeen) 35:20; 3 K. Varney (Metro Aberdeen) first veteran 35:31; 28 Roy McLachlan 44:31. **Senior women** - 1 J. Ross (Vic Pk) 30:10; 2 S. Evans (Forres) 30:37; 3 F. Lampkin (Montrose) 31:57; 14 Eliza McLachlan 38:27. **Under 17 men** - 1 A. Watt 26:30; 2 S. Forbes 26:51; 3 M. Kennedy 26:59 (all Aberdeen); 6 Angus McLachlan 32:02. **Under 15 girls** - 1 H. Brooks (DHH) 16:26; 2 L. Brown (DHH) 16:56; 3 C. Paterson (Banchory & Stonehaven) 16:47; 4 Fiona Muir (Fife AC) 16:59. **Under 13 girls** - 1 E. McLeish (DHH) 15:14; 2 L. Clark (Shetland) 15:15; 3 N. Smith (Aberdeen) 15:16; 18 Jennifer Kibble 18:05. **Under 11 boys** - 1 J. Joy 8:03; 2 R. Neil 8:10; 3 T. Joy 8:13 (all Aberdeen); 4 Andrew Evans 8:15; 8 Cameron Downie 8:58; 10 Jamie Mackie 9:10; 16 Josh Fowler 10:54.

Monikie Park Duathlon

Scottish over 60 cross-country champion, George Black, Kettlebridge, got in some preparation for the Veterans International at Falkirk contesting the Duathlon at Monikie Park. George placed sixth following the 4km run stage and after the 12.8 mile cycle section finished an overall 13th (57 minutes 14 seconds). Winner E. Ritchie clocked 51 minutes 26 seconds.

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Veterans International, Callendar Park, Falkirk

Addy Gerrard placed 17th overall (sixth over 40) for Scotland at the British and Irish veterans international cross-country helping Scotland to team silver behind England. Addy covered the 5km course in 18 minutes 09 seconds. Reigning Scottish over 60 champion George Black, Kettlebridge, placed 109th overall (seventh over 60) also helping Scotland to team silver timed at 37 minutes 39 seconds over the 10km course.

Reebok Cross-Country Challenge/European Trials, Margate

Fife AC's Andrew Lemoncello booked his place in the Great Britain Under 20 team for the forthcoming European Championships placing fifth in the Reebok Challenge Cross Country at Margate. The meeting incorporated the Great Britain trials for the European Championships, which take place in Thun, Switzerland. Lemoncello covered the 6.5km course in 18 minutes 27 seconds with winner Mohamed Farah (Windsor, Slough and Eton) clocking 17 minutes 58 seconds. Last Monday, Andrew was officially named in the Great Britain team – an honour which comes just one week after being presented with the Scottish Junior Athlete of the Year Award.

Dave Adam contested the senior men's 9.5km race placing 85th amongst the international field in 33 minutes 51 seconds.

Scottish Services League, Balmullo

The Scottish Services Cross-Country League race took place over one of the toughest of courses at Lucklaw Hill, Balmullo. Dave Adam registered his third consecutive victory representing RAF Leuchars pulling away from Fife AC colleague Brian Cruickshank towards the end of the first of two laps. Adam reached the finish of the five and a half mile course in 84 minutes 32 with Cruickshank a further 59 seconds back as runner-up.

Results: 1 Dave Adam (RAF Leuchars/Fife AC) 34.32; 2 Brian Cruickshank (Fife AC) 35.31; 3 C. Scott (Strathclyde Police) 36.15; 17 George Black, 1st over 50, 41.05; 27 Graham Bennison 48.20. Forty finished.

Tinto Hill Race, Symington

Down at Symington, Martin Laing placed 11th, Fife's first runner home at the Tinto Hill Race (4 mile, 1500ft) clocking 36 minutes 15 seconds. Over 50 veteran Joe Holden, Glenrothes, placed 62nd out of the field of 127 timed at 42 minutes 47 seconds.

Gauldry Gallop Cross Country Races

The 24th annual Gauldry Gallop saw 131 runners finish the senior 5.5 mile race held over the usual tough course of stubble fields and hilly woodland trails. Scottish hill internationalist Dan Whitehead (Cosmic Hill Bashers) took a 10 metre lead by the halfway point and held his advantage over the final lap to clock a winning 34 minutes 36 seconds. Kirkcaldy junior hill internationalist Graham Bee won a four-way battle for second place (34.52) 13 seconds clear of triathlete Paul Gallagher. With Alan Milligan in fifth and Brian Cruickshank 10th Fife retained their team title totalling 17 points ahead of Carnegie (37) with Fife B third (46). Jocelyn Scott was the club's first woman runner home 65th overall, fifth woman in 45 minutes 26 seconds.

St Andrews' runner Andrew Evans forged ahead at the halfway point of the under 11's 1300m race to clock five minutes 54 seconds. A fine reward for Andrew who had the disappointment of going off course whilst in the lead at the Aberdeen Hydrasun meeting. Michael Fedo, Ceres, placed seventh in the

under 13's race winning the annual trophy for the first North East Fife under 13 athlete home. John Buchan, Burntisland, placed third in the under 15's 4000m event, while St Andrews' Angus McLachlan was first home for the club in the under 17's 5000m race.

RESULTS: Senior men and women - 1 D. Whitehead (CHB) 34.38; 2 Graham Bee (Fife AC) 1st junior, 34.52; 3 P. Gallagher (Unatt) 35.05; 4 J. McDonald (Central) 35.08; 5 Alan Milligan (Fife AC) 36.01; 6 S. Clark (Unatt) 36.05; 7 K. Varney (Metro Aberdeen) 1st veteran, 36.19; 8 N. Cunningham (Pitreavie) 37.24; 9 M. Harvey (Carnegie) 37.38; 10 Brian Cruickshank 37.46; 12 Tom Scott, 1st over 50, 37.54; 16 Ian Overton 38.53; 18 Bryce Aitken, 2nd veteran, 22 Laurie Anderson 40.24; 51 Roy McLachlan 43.53; 54 Jim Rough 44.38; 55 Ricky Forrester 44.50; 59 Brian Peachey 45.05; 65 Jocelyn Scott 45.26; 72 Doug Proven 46.30; 74 Doug Gunstone 47.04; 76 Louise Proven 47.27; 78 Graham Bennison 48.23; 79 Dave Francis 48.25; 80 Dave Bee 48.30; 81 Chris Clark 43.34; 93 D. Shepherd 50.17; 94 Frank Cation 50.21. 102 Kim Macgregor 51.46; 104 Caroline Armstrong 52.11; 107 Eliza McLachlan 53.01; 110 Mike Kuzyszyn 53.52; 108 Alastair Robertson 53.13; 120 John Cater 56.58; 122 C. Hill 58.55; 129 Dave Ellison 64.12.

Under 17 men - 1 S. Irwin (Pitreavie) 17.41; 2 J. Newsom (Pitreavie) 17.47; 3 S. Matthews (Carnegie) 17.51; 6 Angus McLachlan 19.22; 7 Graeme Noble 19.32; 8 Rory Scott 19.59; 9 Jamie Lamb 20.11; 10 Liam Nicoll 20.19.

Under 15 boys - 1 K. Murray (Dundee Hawkhill) 15.33; 2 A. Johnstone (Falkirk Vic) 15.41; 3 John Buchan (Fife AC) 16.24; 7 Craig Guzy 17.26; 12 Mark Dow 18.05.

Under 13 boys - 1 N. Hobday (Montrose and District) 10.04; 2 G. Taylor (Montrose and District) 10.17; 3 S. Glass (George Heriots CCC) 10.38; 7 Michael Fedo 11.14; 9 Duncan McLachlan 12.25.

Under 13 girls - 1 L. McLeish (Dundee Hawkhill) 11.22; 2 C. Hall (Perth Strathtay H) 11.54; 3 P. Murray (Montrose and District) 13.10; 5 Jennifer Kibble 14.18.

Under 11 boys - 1 Andrew Evans (Fife AC) 5.54; 2 J. McDonald (Dundee Hawkhill) 6.07; 3 B. Milton (Pitreavie) 6.31; 5 Neil Gray 6.55; 9 Ewan Gray 7.36.

Fife AC Nightmare Series – West Lomond,

Twenty four runners contested the Nightmare 4.5 mile run up the West Lomond won by Dave Anderson in 32 minutes 52 seconds. Glenrothes athlete Chris Russell came home in second (33.53) with Neil Munro third (34.32). First woman Jocelyn Scott placed 19th overall (46.48).

RESULTS: 1 Dave Anderson 32.52; 2 Chris Russell 33.58; 3 N. Munro (Unatt) 34.32; 4 Brian Cruickshank 34.35; 5 Laurie Anderson 35.57; 6 G. Pryde (Lomond HR) 37.56; 7 Joe Holden 38.04; 8 J. Hargreaves (Unatt) 1st junior, 38.84; 9 Gary Barker 40.33. 10 Mike Mitchell 40.49; 11 Jim Meek 41.23; 12 Chris Fox 41.27; 13 Graeme Barker 41.42; 14 Jim Hannigan 41.54; 15 Alan Meiklejohn 42.07; 16 R. Gatehouse (Lomond HR) 43.43; 17 John McFarlane 44.10; 18 P. Mallet (Lomond Hill) 45.30; 19 Jocelyn Scott 46.48; 20 Louise Proven 48.19; 21 Louise Burt 48.19; 22 Alan Cassidy 54.16; 23 R. Thornton (Dundee Hawkhill) 57.45; 24 Alastair Robertson 61.26.

